



# ADMINISTRATIVE POLICY STATEMENT OHIO MARKETPLACE

| Policy Name                                      | Policy Number         | Date Effective            |
|--|-----------------------|---------------------------|
| Methadone Administration for Opioid Use Disorder | AD-0942               | 01/01/2021-05/31/2022     |
| Policy Type                                      |                       |                           |
| Medical  | <b>ADMINISTRATIVE</b> | Pharmacy<br>Reimbursement |

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According to the rules of Mental Health Parity Addiction Equity Act (MHPAEA), coverage for the diagnosis and treatment of a behavioral health disorder will not be subject to any limitations that are less favorable than the limitations that apply to medical conditions as covered under this policy.

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## A. Subject

### **Methadone Administration for Opioid Use Disorder**

## B. Background

In 2018, there were 2 million Americans that met the Diagnostic and Statistical Manual of Mental Disorders criteria for an opioid use disorder (OUD) with almost 70% of the drug overdose deaths involved an opioid.

OUD treatment includes a combination of medications (Medication Assisted Treatment – MAT) to target the brain and psychosocial interventions (i.e. counseling, behavioral therapies). People are usually more successful with their recovery when both MAT and therapy are part of their treatment plan.

Methadone, a full opioid agonist, is one of the Federal Drug Administration (FDA) approved medications to treat OUD. Only an opioid treatment program (OTP) can dispense Methadone for OUD. This schedule II controlled medication is a long-acting medication that is taken daily to reduce cravings and withdrawal symptoms allowing the member to sustain recovery.

This policy is to provide guidance on how CareSource supports coverage of methadone administration and observation.

## C. Definitions

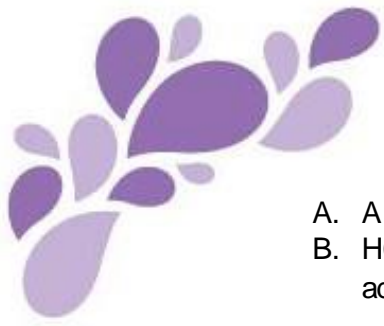
- **Accredited and certified OTP provider** – An opioid treatment program accredited and certified by Substance Abuse and Mental Health Services Administration (SAMHSA) to treat substance use disorders. This allows the OTP to administer and dispense FDA-approved MAT medications.
- **G2067** – Medication assisted treatment, methadone; weekly bundle including dispensing and/or administration, substance use counseling, individual and group therapy, and toxicology testing, if performed (provision of the services by a Medicare-enrolled opioid treatment program).
- **H0020** – Alcohol and/or drug services; methadone administration and/or service (provision of the drug by a licensed program).

## D. Policy

### I. Methadone treatment for OUD

- A. Must be provided by an accredited and certified OTP provider;
- B. Must follow state laws such as licensure if applicable; and
- C. Must provide documentation that there are other traditional outpatient behavioral health services being provided such as testing, assessment, evaluation, and psychotherapy.

### II. Coverage for Methadone treatment for OUD



- A. A prior authorization is required for non-participating providers.
- B. H0020 will be recognized by Caresource to represent the medication, the administration, and observation of the medication.

NOTE: G2067 is not a covered code for Methadone treatment for OUD.

E. Conditions of Coverage

F. Related Policies/Rules

G. Review/Revision History

| DATES                 |            | ACTION   |
|-----------------------|------------|--|
| <b>Date Issued</b>    | 11/11/2020 |  |
| <b>Date Revised</b>   |            |  |
| <b>Date Effective</b> | 01/01/2021 |  |
| <b>Date Archived</b>  | 05/31/2022 | This Policy is no longer active and has been archived. Please note that there could be other Policies that may have some of the same rules incorporated and CareSource reserves the right to follow CMS/State/NCCI guidelines without a formal documented Policy |

H. References

1. Substance Abuse and Mental Health Services Administration. (2020, October 7). Certification of Opioid Treatment Programs (OTPs). Retrieved October 16, 2020 from [www.samhsa.gov](http://www.samhsa.gov)
2. Substance Abuse and Mental Health Services Administration. (2020, September 1). Medication-Assisted Treatment (MAT). Retrieved October 16, 2020 from [www.samhsa.gov](http://www.samhsa.gov)
3. Centers for Disease Control. (2020, March 19). Opioid Basics. Retrieved October 16, 2020 from [www.cdc.gov](http://www.cdc.gov)
4. Centers for Disease Control. (2017, August 23). Treat Opioid Use Disorder. Retrieved October 16, 2020 from [www.cdc.gov](http://www.cdc.gov)
5. Providers Clinical Support System. (n.d.). Overview of Medications for Addiction Treatment. Retrieved October 16, 2020 from [www.pcassnow.org](http://www.pcassnow.org)
6. National institute on Drug Abuse. (2018, January). Principles of Drug Addiction treatment: A Research-Based Guide (Third Edition) Opioid Addiction. Retrieved October 6, 2020 from [www.drugabuse.gov](http://www.drugabuse.gov)
7. American Psychiatric Association. (2013). Diagnostic and Statistical Manual of Mental Disorders (DSM-5®), Fifth Edition

The Administrative Policy Statement detailed above has received due consideration as defined in the Administrative Policy Statement Policy and is approved.