



## ADMINISTRATIVE POLICY STATEMENT WEST VIRGINIA MARKETPLACE

Policy Name		Policy Number	Date Effective
Intensive Outpatient Program – Substance Use Disorder		AD-0958	01/01/2022
Policy Type			
Medical	<b>ADMINISTRATIVE</b>	Pharmacy	Reimbursement

Administrative Policy Statements prepared by CareSource and its affiliates are derived from literature based on and supported by clinical guidelines, nationally recognized utilization and technology assessment guidelines, other medical management industry standards, and published MCO clinical policy guidelines. Medically necessary services include, but are not limited to, those health care services or supplies that are proper and necessary for the diagnosis or treatment of disease, illness, or injury and without which the patient can be expected to suffer prolonged, increased or new morbidity, impairment of function, dysfunction of a body organ or part, or significant pain and discomfort. These services meet the standards of good medical practice in the local area, are the lowest cost alternative, and are not provided mainly for the convenience of the member or provider. Medically necessary services also include those services defined in any Evidence of Coverage documents, Medical Policy Statements, Provider Manuals, Member Handbooks, and/or other policies and procedures.

Administrative Policy Statements prepared by CareSource and its affiliates do not ensure an authorization or payment of services. Please refer to the plan contract (often referred to as the Evidence of Coverage) for the service(s) referenced in the Administrative Policy Statement. If there is a conflict between the Administrative Policy Statement and the plan contract (i.e., Evidence of Coverage), then the plan contract (i.e., Evidence of Coverage) will be the controlling document used to make the determination.

According to the rules of Mental Health Parity Addiction Equity Act (MHPAEA), coverage for the diagnosis and treatment of a behavioral health disorder will not be subject to any limitations that are less favorable than the limitations that apply to medical conditions as covered under this policy.

### Table of Contents

Administrative Policy Statement.....	1
A. Subject.....	2
B. Background.....	2
C. Definitions.....	2
D. Policy.....	2
E. Conditions of Coverage.....	3
F. Related Policies/Rules.....	3
G. Review/Revision History.....	3
H. References.....	3



## A. Subject

### **Intensive Outpatient Program – Substance Use Disorder**

## B. Background

Substance Use Disorder (SUD) services are provided on a continuum of care where the level of care varies dependent on the type and intensity of services provided. This policy addresses the Intensive Outpatient (IOP) level of care.

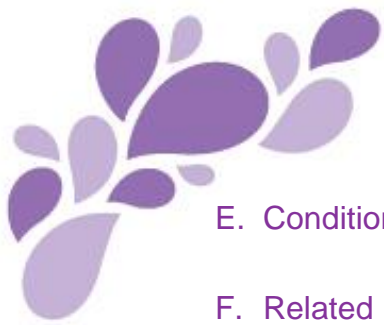
Treatment of substance use disorders is dependent on a substance use disorder diagnosis based on the Diagnostic and Statistical Manual of Mental Disorders.

## C. Definitions

- **Intensive Outpatient Program (IOP)** – Intensive Outpatient Services are offered by practice groups or Facilities that provide Behavioral Health Care Services. Intensive Outpatient Services programs are defined as those that provide three (3) hours of treatment per day, and the program is available at least two (2) to three (3) days per week. Intensive Outpatient Services programs may offer group, dialectical behavior therapy, individual, and family therapy.
- **Inpatient Services** – Health care services relating to a patient admitted to a Hospital, Skilled Nursing Facility, or Inpatient Rehabilitation Facility. Reimbursement for the service is by a diagnosis-related group system.
- **Health Care Services** – Services, supplies, devices, or pharmaceutical products for the diagnosis, prevention, treatment, cure, or relief of health condition, sickness, Injury, or disease.
- **Outpatient Services** – Health care services other than inpatient services. Reimbursement for the service is per diem; and does not include room and board.
- **Intensive Outpatient Level of Care (LOC)** per The ASAM Criteria® – Level 2.1

## D. Policy

- I. Prior Authorization is required after 5 visits per calendar year.
  - A. CareSource follows The ASAM Criteria® for medical necessity.
- II. Billing
  - A. H0015 is the CPT code for ASAM LOC 2.1 - Alcohol and/or drug services; intensive outpatient (treatment program that operates at least 3 hours/day and at least 3 days/week and is based on an individualized treatment plan), including assessment, counseling; crisis intervention, and activity therapies or education.
  - B. Reimbursement is considered a bundled service payment and concurrent billing of individual services is not reimbursable.
  - C. IOP is not reimbursable for non-participating facilities or providers without a mutually agreed upon need for and negotiated single case agreement.
  - D. Payments are made at the group level; not at the individual rendering provider level.
    1. Rendering provider is not necessary on either a UB04 or CMS1500 forms.
  - E. For UB04 billing, revenue code 0906 should be used with identified procedure code.



**E. Conditions of Coverage**

**F. Related Policies/Rules**

Intensive Outpatient Program - Mental Health  
Evidence of Coverage And Health Insurance Contract West Virginia

**G. Review/Revision History**

DATES		ACTION
<b>Date Issued</b>	11/11/2020	
<b>Date Revised</b>	08/04/2021	Prior authorization requirement and references updated. Approved at PGC.
<b>Date Effective</b>	01/01/2022	
<b>Date Archived</b>		

**H. References**

1. Mee-Lee D, Shulman GD, Fishman MJ, Gastfriend DR, Miller, eds. The ASAM Criteria: Treatment Criteria for Addictive, Substance-Related, and Co-Occurring Conditions. 3rd ed. Carson City, NV: The Change Companies; 2013. Copyright 2013 by the American Society of Addiction Medicine.
2. American Psychiatric Association. (2013). Diagnostic and statistical manual of mental disorders (5thed.). Retrieved July 28, 2021 from www.doi.org.

**The Administrative Policy Statement detailed above has received due consideration as defined in the Administrative Policy Statement Policy and is approved.**