

Follow-Up Care for Kids and Teens with Attention Deficit Hyperactivity Disorder (ADHD)

Managing ADHD doesn't end with a drug prescription and a behavior plan.



Visit the Doctor

You have a big part to play!

- Keep in touch with your child's doctor weekly during the first month.
 - Tell the doctor of any problems your child has with the ADHD medicine.
- Visit your child's doctor by the end of the first month.
 - The doctor will check your child for any problems with the ADHD medicine.
- Visit your child's doctor four times in the first year.
- Visit the doctor with your child two times a year after the first year.
 - The doctor will check your child's progress and change medication as needed.



Track Goals

Treatments for children and teens with ADHD can use both medicine and behavior therapy. This means your child needs everyday help from parents, teachers, and other caregivers.

- Track your child's progress
 - Parents, teachers, and caregivers can use daily reports, rating sheets, or charts.
- Work with teachers to track your child's school goals.
 - Stay in touch with your child's teacher to keep your child on track at school.
- Use rating sheets to track your child's behavior goals
 - You can ask your child's doctor to give you rating sheets or find your own.



Aim for Success

Your child's success is a team goal!

- Help your child by watching her or his progress toward goals.
 - Talk with your child's healthcare team to check on her or his progress.
- Talk to your child's doctor, teacher, or care team member about what to try next if your child isn't attaining her or his goals.
 - If your child is not meeting her or his goals, talk to her or his doctor, teacher, and/or care team member. Help your child win by making simpler goals and by trying new ways of doing things.
 - Ask the doctor or therapist for help for any other health or mental health problems.



Earn Rewards

You can earn \$10 for each follow up visit you make to the doctor with your child.
You can earn this \$10 three times per calendar year, for a total of \$30.

To Learn More

Call Member Services at **1-855-202-0729** (TTY: 1-800-255-0056 or 711). We are open Monday through Friday from 7 a.m. to 7 p.m. Eastern Standard Time. We are here to help.

Medical Reviewers from University Rochester Medical Center:

<https://www.urmc.rochester.edu/encyclopedia/content.aspx?contenttypeid=197&contentid=29399>

CareSource complies with applicable state and federal civil rights laws and does not discriminate on the basis of age, gender, gender identity, color, race, disability, national origin, marital status, sexual preference, religious affiliation, health status, or public assistance status.

Si usted o alguien a quien ayuda tienen preguntas sobre CareSource, tiene derecho a recibir esta información y ayuda en su propio idioma sin costo. Para hablar con un intérprete, Por favor, llame al número de Servicios para Afiliados que figura en su tarjeta de identificación.

如果您或者您在帮助的人对 CareSource 存有疑问, 您有权 免费获得以您的语言提供的帮助和信息。
如果您需要与一位翻译交谈, 请拨打您的会员 ID 卡上的会员服务电话号码