

MEDICAL POLICY STATEMENT INDIANA MEDICAID **Policy Number Policy Name Date Effective** Screening and Diagnostic MM-1125 04/01/2021 Mammography **Policy Type MEDICAL** Administrative Pharmacy Reimbursement

Medical Policy Statement prepared by CareSource and its affiliates are derived from literature based on and supported by clinical guidelines, nationally recognized utilization and technology assessment guidelines, other medical management industry standards, and published MCO clinical policy guidelines. Medically necessary services include, but are not limited to, those health care services or supplies that are proper and necessary for the diagnosis or treatment of disease, illness, or injury and without which the patient can be expected to suffer prolonged, increased or new morbidity, impairment of function, dysfunction of a body organ or part, or significant pain and discomfort. These services meet the standards of good medical practice in the local area, are the lowest cost alternative, and are not provided mainly for the convenience of the member or provider. Medically necessary services also include those services defined in any Evidence of Coverage documents, Medical Policy Statements, Provider Manuals, Member Handbooks, and/or other policies and procedures.

Medical Policy Statements prepared by CareSource and its affiliates do not ensure an authorization or payment of services. Please refer to the plan contract (often referred to as the Evidence of Coverage) for the service(s) referenced in the Medical Policy Statement. If there is a conflict between the Medical Policy Statement and the plan contract (i.e., Evidence of Coverage), then the plan contract (i.e., Evidence of Coverage) will be the controlling document used to make the determination.

According to the rules of Mental Health Parity Addiction Equity Act (MHPAEA), coverage for the diagnosis and treatment of a behavioral health disorder will not be subject to any limitations that are less favorable than the limitations that apply to medical conditions as covered under this policy.

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Screening and Diagnostic Mammography

B. Background

Breast cancer is the most frequent type of non-skin cancer among women and is frequently diagnosed in women ages 55-64. The United States Preventative Services Task Force has found evidence that mammogram screening reduces breast cancer mortality in women ages 40-74.

C. Definitions

- Breast cancer screening mammography A standard, two (2) view per breast, low-dose radiographic examination of the breasts that is:
 - (1) furnished to an asymptomatic woman; and
 - (2) performed by a mammography services provider using equipment designed by the manufacturer for and dedicated specifically to mammography in order to detect unsuspected breast cancer.

The term includes the interpretation of the results of a breast cancer screening mammography by a physician.

This includes conventional, digital, and 3D.

- Mammography services provider A person or facility that:
 - (1) has been accredited by the American College of Radiology;
 - (2) meets equivalent guidelines established by the state department of health; or
 - (3) certified by the Federal Department of Health and Human Services for participation in the Medicare program
- **Diagnostic mammogram** Used to look at a woman's breast if she has breast symptoms or if a change is seen on a screening mammogram.
- Woman at high risk a woman who meets at least one (1) of the following descriptions:
 - (1) A woman who has a personal history of breast cancer.
 - (2) A woman who has a personal history of breast disease that was proven benign by biopsy.
 - (3) A woman whose mother, sister, or daughter has had breast cancer.
 - (4) A woman who is at least thirty (30) years of age and has not given birth.

NOTE: Members who are biologically females but identity as males are considered females for the purposes of this policy.

D. Policy

I. A prior authorization is not required for screening or diagnostic mammography.

II. Mammograms

- A. Screening mammograms
 - 1. Are covered for women with the following frequency:
 - a. Once between ages 35-39;
 - b. Once a year beginning at age 40; and
 - c. Once a year for < 40 years of age and a female at high risk.





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01. High risk screening – for members who are deemed to be high risk it may be appropriate to start screening at an earlier age with mammography. CareSource may request medical documentation to support medical necessity for testing in women younger than 35 or more frequent testing than stated in D. II. A. 1. a., b. and c. Additional modalities of testing (such as MRI) will require a prior authorization and medical necessity review.

NOTE: Any additional mammography views that are required for proper evaluation do not require a prior authorization. CareSource may request medical documentation to support medical necessity for any additional procedures.

- B. Ultrasound services, if determined medically necessary by the treating physician are covered.
- C. Diagnostic mammograms are covered for men and women who show clinical sign and symptoms of breast cancer (i.e., an abnormal screening mammogram, a breast mass/lump, etc.) or who are at high risk for developing breast cancer, when ordered by a practitioner based on medical necessity.
- III. CareSource will use MCG Health guidelines for medical necessity.
- E. Conditions of Coverage NA
- F. Related Polices/Rules NA

G. Review/Revision History

	DATE	ACTION
Date Issued	10/14/2020	
Date Revised		
Date Effective	04/01/2021	
Date Archived		

H. References

- 1. MCG Health: Ambulatory Care Guidelines, 24th Ed., 2020.
- 2. Indiana Code. (n.d.). IC 27-8-14-2 through IC 27-8-14-6. Retrieved October 5, 2020 from www.iga.in.gov

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