

## PHARMACY POLICY STATEMENT

### Indiana Medicaid

DRUG NAME	Bronchitol (mannitol)
BILLING CODE	Must use valid NDC code
BENEFIT TYPE	Pharmacy
SITE OF SERVICE ALLOWED	Home
COVERAGE REQUIREMENTS	Prior Authorization Required (Non-Preferred Product) QUANTITY LIMIT— 560 capsules per 28 days
LIST OF DIAGNOSES CONSIDERED <b>NOT</b> MEDICALLY NECESSARY	<a href="#">Click Here</a>

Bronchitol (mannitol) is a **non-preferred** product and will only be considered for coverage under the **pharmacy** benefit when the following criteria are met:

Members must be clinically diagnosed with one of the following disease states and meet their individual criteria as stated.

#### CYSTIC FIBROSIS

For **initial** authorization:

1. Member is 18 years old or older; AND
2. Member must have a diagnosis of cystic fibrosis; AND
3. Medication must be prescribed by or in consultation with a pulmonologist or an infectious disease specialist; AND
4. Member had an inadequate response, intolerance, or contraindication to documented prior therapy with nebulized hypertonic saline (7%); AND
5. Documentation showing member has passed the Bronchitol tolerance test (BTT).
6. **Dosage allowed:** 400 mg (10 capsules) twice daily, inhaled.

***If member meets all the requirements listed above, the medication will be approved for 12 months.***

For **reauthorization**:

1. Member must be in compliance with all other initial criteria; AND
2. Evidence of disease stability or disease improvement
  - a) Note: Disease improvement is evidenced by chart notes with any of the following:
    - i) Improved FEV1 and/or other lung function tests;
    - ii) Decrease in pulmonary exacerbations;
    - iii) Decrease in pulmonary infections;
    - iv) Increase in weight-gain;
    - v) Decrease in hospitalizations.

***If member meets all the reauthorization requirements above, the medication will be approved for an additional 12 months.***

**CareSource considers Bronchitol (mannitol) not medically necessary for the treatment of diseases that are not listed in this document.**

DATE	ACTION/DESCRIPTION
01/13/2021	New policy for Bronchitol created.

References:

1. Bronchitol (mannitol) [prescribing information]. Cary, NC: Chiesi USA Inc; October 2020.
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3. Castellani C, Duff AJA, Bell SC, et al. ECFS best practice guidelines: the 2018 revision. *J Cyst Fibros*. 2018;17(2):153-178. doi:10.1016/j.jcf.2018.02.006
4. Smyth AR, Bell SC, Bojcin S, et al. European Cystic Fibrosis Society Standards of Care: Best Practice guidelines. *J Cyst Fibros*. 2014;13 Suppl 1:S23-S42. doi:10.1016/j.jcf.2014.03.010
5. Teper A, Jaques A, Charlton B. Inhaled mannitol in patients with cystic fibrosis: a randomised open label dose response trial. *Journal of Cystic Fibrosis*. 2011 Jan 1;10(1):1-8.
6. Patrick J. Moore & Robert Tarran (2018) The epithelial sodium channel (ENaC) as a therapeutic target for cystic fibrosis lung disease, *Expert Opinion on Therapeutic Targets*, 22:8, 687-701, DOI: 10.1080/14728222.2018.1501361.
7. Tildy BE, Rogers DF. Therapeutic options for hydrating airway mucus in cystic fibrosis. *Pharmacology*. 2015;95(3-4):117-32.
8. Aitken ML, Bellon G, De Boeck K, Flume PA, Fox HG, Geller DE, Haarman EG, Hebestreit HU, Lapey A, Schou IM, Zuckerman JB, Charlton B; CF302 Investigators. Long-term inhaled dry powder mannitol in cystic fibrosis: an international randomized study. *Am J Respir Crit Care Med*. 2012 Mar 15;185(6):645-52. doi: 10.1164/rccm.201109-1666OC. Epub 2011 Dec 28. PMID: 22198974.
9. Agent P, Parrott H. Inhaled therapy in cystic fibrosis: agents, devices and regimens. *Breathe*. 2015 Jun 1;11(2):110-8.

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