



**MEDICAL POLICY STATEMENT  
OHIO MEDICAID**

Policy Name	Policy Number	Date Effective	
Children's Behavioral Health Respite	MM-0826	1/1/2020	
Policy Type			
<b>MEDICAL</b>	Administrative	Pharmacy	Reimbursement

Medical Policy Statement prepared by CSMG Co. and its affiliates (including CareSource) are derived from literature based on and supported by clinical guidelines, nationally recognized utilization and technology assessment guidelines, other medical management industry standards, and published MCO clinical policy guidelines. Medically necessary services include, but are not limited to, those health care services or supplies that are proper and necessary for the diagnosis or treatment of disease, illness, or injury and without which the patient can be expected to suffer prolonged, increased or new morbidity, impairment of function, dysfunction of a body organ or part, or significant pain and discomfort. These services meet the standards of good medical practice in the local area, are the lowest cost alternative, and are not provided mainly for the convenience of the member or provider. Medically necessary services also include those services defined in any Evidence of Coverage documents, Medical Policy Statements, Provider Manuals, Member Handbooks, and/or other policies and procedures.

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**A. Subject**  
**Children's Behavioral Health Respite**

**B. Background**

Access to respite services are provided for members that meet eligibility criteria. This policy is for provider type 84 mental health community behavioral health centers.

**C. Definitions**

- Respite services – “services that provide short-term, temporary relief to the informal unpaid caregiver of an individual under the age of 21 in order to support and preserve the primary caregiving relationship”<sup>1</sup>. These can be planned or emergent. When member is awake, the provider must also be awake while providing the respite services.
- Legally responsible family member - member's spouse, or in the case of a minor, the individual's birth or adoptive parent

**D. Policy**

I. Prior Authorization is required for **ALL** of the following:

- A. S5150 Unskilled respite care, not hospice; per 15 minutes **AND**
- B. S5151 Unskilled respite care, not hospice; per diem (for any respite services lasting beyond 12 hours of care)

II. Member must meet **ALL** of the following to be eligible for respite services:

- A. Be under the age of 21 **AND**
- B. Reside with an unpaid primary caregiver in a home or apartment (not controlled by a provider of any health-related treatment or support service) **AND**
- C. Not be a foster child **AND**
- D. Participate in our care management program **AND**
- E. Have a behavioral health need as determined by **ONE** of the three functional behavior assessments:
  - 1. Child and Adolescent Needs and Strengths (CANS)
    - a. Rating of 3 on **ONE** item or rating of 2 on **TWO** items in the following life functioning domain items
      - 01. Family
      - 02. Legal
      - 03. Social functioning
      - 04. Living situation
      - 05. School behavior
      - 06. School attendance
    - b. Rating of a 2 or higher on **ONE or MORE** of the following child behavioral/emotional needs criteria
      - 01. Psychosis
      - 02. Impulse/hyperactivity
      - 03. Depression
      - 04. Anxiety
      - 05. Oppositional
      - 06. Conduct

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<sup>1</sup> <http://codes.ohio.gov/oac/5160-26-03>



- 07. Adjustment to trauma
- 08. Anger control
- 09. Substance Use

c. Rating of a 2 or higher on **ONE or MORE** following items in the child risk behaviors criteria

- 01. Suicide risk
- 02. Self-mutilation
- 03. Other self harm
- 04. Danger to others
- 05. Sexual aggression
- 06. Runaway
- 07. Delinquency
- 08. Judgement
- 09. Fire Setting
- 10. Social Behavior

**OR**

2. Achenbach also called Child Behavior Check List (CBCL) ( T score above 70)

**OR**

3. Strengths and Difficulties Questionnaire (Total difficulties is 16 or greater)

**AND**

F. Have a diagnosis of serious emotional disturbance resulting in a functional impairment

- 1. Schizophreniform disorder
- 2. Schizophrenia, unspecified
- 3. Delusional disorders
- 4. Schizoaffective disorder: bipolar type
- 5. Schizoaffective disorder: depressive type
- 6. Schizoaffective disorder: brief psychotic disorder
- 7. Unspecified schizophrenia spectrum and other psychotic disorder
- 8. Bipolar disorder: manic, moderate
- 9. Bipolar disorder: manic, severe
- 10. Bipolar disorder: depressed, moderate
- 11. Bipolar disorder: depressed, severe
- 12. Bipolar disorder: severe manic with psychotic features
- 13. Bipolar disorder: in partial remission, manic
- 14. Bipolar disorder: in partial remission, depressed
- 15. Bipolar disorder: in full remission, manic
- 16. Bipolar disorder: in full remission, depressed
- 17. Bipolar disorder: unspecified, hypomanic
- 18. Bipolar disorder: unspecified, manic
- 19. Bipolar disorder: unspecified, depressed, mild/moderate severity
- 20. Bipolar disorder: unspecified, bipolar II disorder
- 21. Bipolar disorder: unspecified, other specified bipolar and related disorder
- 22. Bipolar disorder: unspecified bipolar and related disorder
- 23. Major depressive disorder, recurrent, moderate
- 24. Major depressive disorder, recurrent severe w/o psych feature
- 25. Major depressive disorder, recurrent, severe w psych symptoms
- 26. Disruptive mood dysregulation disorder
- 27. Agoraphobia with panic disorder
- 28. Agoraphobia without panic disorder



29. Generalized anxiety disorder
30. Panic disorder
31. Agoraphobia
32. Obsessive-compulsive disorder
33. Reactive attachment disorder
34. Disinhibited social engagement disorder
35. Post-traumatic stress disorder
36. Post-traumatic stress disorder, acute
37. Post-traumatic stress disorder, chronic
38. Acute stress disorder
39. Anorexia nervosa, unspecified
40. Anorexia nervosa, restricting type
41. Anorexia nervosa, binge eating/purging type
42. Bulimia nervosa
43. Conduct disorder confined to family context
44. Conduct disorder, childhood-onset type
45. Conduct disorder, adolescent-onset type
46. Oppositional defiant disorder
47. Other conduct disorders
48. Conduct disorder, unspecified
49. Separation anxiety disorder of childhood

**AND**

- G. Be without symptoms or behaviors that indicate imminent risk of harm to self or others **AND**
- H. Be determined that temporary relief is needed for the primary caregiver due to member's BH needs either
  1. To prevent an inpatient, institutional or out of home stay **OR**
  2. Member has a history of inpatient, institutional, or out of home stays

III. Respite services are limited to 100 hours per calendar year per member

IV. Respite services must be provided by a provider who meets **ALL** of the following criteria:

- A. Ohio MHAS-certified **AND**
- B. Medicaid enrolled **AND**
- C. Accredited by **ONE** of the following
  1. Joint Commission **OR**
  2. Council on Accreditation **OR**
  3. Commission on Accreditation of Rehabilitation Facilities**AND**
- D. Comply with criminal records check requirements in the OAC when service is provided in a home and community-based services setting.

V. Respite services must be provided by employees who:

- A. Prior to providing service,
  1. Are credentialing in **ONE** of the following:
    - a. The Ohio counselor, social worker and marriage and family therapist board **OR**
    - b. The state of Ohio psychology board **OR**
    - c. The state of Ohio board of nursing **OR**



- d. The state of Ohio medical board  
**OR**
- e. Have received training/demonstrated competencies in mental health  
**AND**
- 2. Have received training/demonstrated competencies in first aid  
**AND**
- B. Employees must be supervised by an independently licensed BH professional  
credentialed as noted in V.A.1.

VI. Respite services are **NOT** to be delivered by a legally responsible family member or the member’s foster caregiver.

E. Conditions of Coverage

F. Related Polices/Rules

G. Review/Revision History

	DATE	ACTION
<b>Date Issued</b>	08/21/2019	
<b>Date Revised</b>		
<b>Date Effective</b>	01/01/2020	New Policy
<b>Date Archived</b>	12/1/2020	

H. References

1. Ohio Administrative Code. (2019, February 14). 5160-26-03 Managed health care programs: Covered services. Retrieved August 13, 2019, from <http://codes.ohio.gov/oac/5160-26-03>
2. Ohio Administrative Code (2015, July). 5160-45-01 Ohio department of medicaid (ODM) -administered waiver program: definitions. Retrieved august 13, 2019 from <http://codes.ohio.gov/oac/5160-45-01>.
3. Ohio Administrative Code (2018, May). 5160-27-05 Mental Health Intensive Home Based Treatment Service. Retrieved 8.15.2019 from <http://codes.ohio.gov/oac/5160-27-05v1>
4. Ohio Department of Medicaid. (n.d.) Appendix ODM Rule 5160-26-03 Serious Emotional Disturbance – Qualifying Diagnoses.
5. Bourdon, K. H., Goodman, R., Rae, D. S., Simpson, G., & Koretz, D. S. (2005, June). The Strengths and Difficulties Questionnaire: *J. AM. ACAD. CHILD ADOLESC. PSYCHIATRY*, 44(6), 557-564.
6. Stiles, PhD., R. (2019, August 20). *Child and Adolescent Screening and Assessment Tools*. Powerpoint. State of Nevada Division of Child and Family Services

**The Medical Policy Statement detailed above has received due consideration as defined in the Medical Policy Statement Policy and is approved.**