

| REIMBURSEMENT POLICY STATEMENT<br>OHIO MEDICAID |                |          |                       |  |
|---|----------------|----------|-----------------------|--|
| Policy Name Policy Number Effective Date        |                |          |                       |  |
| Th  | yroid Testing  | PY-0222  | 01/01/2020-06/30/2021 |  |
| Policy Type                                     |                |          |                       |  |
| Medical   | Administrative | Pharmacy | REIMBURSEMENT         |  |

Reimbursement Policy Statement: Reimbursement Policies prepared by CSMG Co. and its affiliates (including CareSource) are intended to provide a general reference regarding billing, coding and documentation guidelines. Coding methodology, regulatory requirements, industry-standard claims editing logic, benefits design and other factors are considered in developing Reimbursement Policies.

In addition to this Policy, Reimbursement of services is subject to member benefits and eligibility on the date of service, medical necessity, adherence to plan policies and procedures, claims editing logic, provider contractual agreement, and applicable referral, authorization, notification and utilization management guidelines. Medically necessary services include, but are not limited to, those health care services or supplies that are proper and necessary for the diagnosis or treatment of disease, illness, or injury and without which the patient can be expected to suffer prolonged, increased or new morbidity, impairment of function, dysfunction of a body organ or part, or significant pain and discomfort. These services meet the standards of good medical practice in the local area, are the lowest cost alternative, and are not provided mainly for the convenience of the member or provider. Medically necessary services also include those services defined in any federal or state coverage mandate, Evidence of Coverage documents, Medical Policy Statements, Provider Manuals, Member Handbooks, and/or other policies and procedures.

This Policy does not ensure an authorization or Reimbursement of services. Please refer to the plan contract (often referred to as the Evidence of Coverage) for the service(s) referenced herein. If there is a conflict between this Policy and the plan contract (i.e., Evidence of Coverage), then the plan contract (i.e., Evidence of Coverage) will be the controlling document used to make the determination.

CSMG Co. and its affiliates may use reasonable discretion in interpreting and applying this Policy to services provided in a particular case and may modify this Policy at any time.

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#### A. Subject Thyroid Testing

#### B. Background

Reimbursement policies are designed to assist you when submitting claims to CareSource. They are routinely updated to promote accurate coding and policy clarification. These proprietary policies are not a guarantee of payment. Reimbursement for claims may be subject to limitations and/or qualifications. Reimbursement will be established based upon a review of the actual services provided to a member and will be determined when the claim is received for processing. Health care providers and their office staff are encouraged to use self-service channels to verify member's eligibility.

It is the responsibility of the submitting provider to submit the most accurate and appropriate CPT/HCPCS code(s) for the product or service that is being provided. The inclusion of a code in this policy does not imply any right to reimbursement or guarantee claims payment.

Thyroid function studies are used to detect the presence or absence of hormonal abnormalities of the thyroid and pituitary glands. These abnormalities may be either primary or secondary and often but not always accompany clinically defined signs and symptoms indicative of thyroid dysfunction. CareSource considers testing thyroid function medically necessary for members consistent with symptoms of thyroid disease.

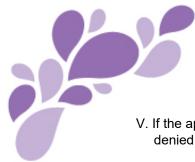
### C. Definitions

- **Hyperthyroidism:** Condition occurs when the thyroid gland produces too much thyroxine causing sudden weight loss, rapid or irregular heartbeat, sweating and nervousness.
- **Hypothyroidism:** Condition occurs when the thyroid gland doesn't produce enough hormones causing weight gain, joint pain, infertility and heart disease.

#### D. Policy

- I. CareSource does not require a prior authorization for thyroid testing.
- II. Thyroid function tests are used to test for thyroid function and disease. Thyroid testing may be reasonable and necessary to:
  - A. Distinguish between primary and secondary hypothyroidism
  - B. Confirm or rule out primary hypothyroidism
  - C. Monitor thyroid hormone levels (for example, patients with goiter, thyroid nodules, or thyroid cancer)
  - D. Monitor drug therapy in patients with primary hypothyroidism
  - E. Confirm or rule out primary hyperthyroidism
  - F. Monitor therapy in patients with hyperthyroidism
- III. Thyroid testing may be covered up to two times a year in clinically stable patients; more frequent testing may be reasonable and necessary for patients whose thyroid therapy has been altered or in whom symptoms or signs of hyperthyroidism or hypothyroidism are noted.
  - A. When these tests are billed at a greater frequency than the norm (two per year), the ordering physician's documentation must support the medical necessity of this frequency must be made available upon CareSource's request.
- IV. Reimbursement is based on submitting a claim with the appropriate ICD-10 diagnosis code to match the thyroid testing CPT code.





- V. If the appropriate ICD-10 diagnosis code is not submitted with the CPT code, the claim will be denied.
  - **Note:** Although this service does not require a prior authorization, CareSource may request documentation to support medical necessity. Appropriate and complete documentation must be presented at the time of review to validate medical necessity.

# E. Conditions of Coverage

Reimbursement is dependent on, but not limited to, submitting Ohio Medicaid approved HCPCS codes and the appropriate modifiers, if applicable. The appropriate ICD-10 diagnosis code must match the correct CPT and/or HCPCS code within this policy. Please refer to the Ohio Medicaid fee schedule for appropriate codes.

# The following list(s) of codes is provided as a reference. This list may not be all inclusive and is subject to updates.

| CPT Code | Description   |  |  |
|----------|---|--|--|
| 84436    | Thyroxine; total  |  |  |
| 84439    | Thyroxine; free   |  |  |
| 84443    | Thyroid stimulating hormone (TSH)   |  |  |
| 84479    | Thyroid hormone (T3 or T4) uptake or thyroid hormone binding ratio (THBR) |  |  |

| ICD 10 Codes |     |     |     |     |     |     |     |     |
|--------------|-----|-----|-----|-----|-----|-----|-----|-----|
| A18          | D3A | E06 | E24 | E43 | E88 | F32 | G47 | R06 |
| C56          | D44 | E07 | E25 | E44 | E89 | F33 | 148 | R61 |
| C73          | D49 | E08 | E27 | E45 | F03 | F34 | N91 | Z00 |
| C79          | D89 | E09 | E28 | E46 | F05 | F39 | N92 | Z01 |
| C7A          | E00 | E10 | E29 | E66 | F06 | F41 | N94 | Z86 |
| C7B          | E01 | E11 | E31 | E67 | F07 | F53 | N97 |     |
| D09          | E02 | E13 | E35 | E78 | F22 | F63 | O90 |     |
| D27          | E03 | E20 | E40 | E79 | F23 | G25 | O92 |     |
| D34          | E04 | E22 | E41 | E83 | F30 | G30 | O99 |     |
| D35          | E05 | E23 | E42 | E87 | F31 | G31 | R00 |     |

# F. Related Policies/Rules

N/A

# G. Review/Revision History

|                | DATE       | ACTION  |
|----------------|------------|---|
| Date Issued    | 01/01/2020 |   |
| Date Revised   | 08/21/2019 | Revision (updated diagnosis code list)  |
| Date Effective | 01/01/2020 |   |
| Date Archived  | 06/30/2021 | This Policy is no longer active and has been archived.<br>Please note that there could be other Policies that<br>may have some of the same rules incorporated and |





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CareSource reserves the right to follow CMS/State/NCCI guidelines without a formal documented Policy.

#### H. References

- National Coverage Determination (NCD) for Thyroid Testing (190.22). Retrieved July 26, 2019, from https://www.cms.gov/medicare-coverage-database/details/ncddetails.aspx?NCDId=101&ncdver=1&bc=AgEAAAAAAAAAAA3D%3D&
- Medicare National Coverage Determinations (NCD) Coding Policy Manual and Change Report ICD-10-CM. Retrieved July 26, 2019, from https://www.cms.gov/Medicare/Coverage/CoverageGenInfo/Downloads/manual201601\_ICD1 0.pdf

The Reimbursement Policy Statement detailed above has received due consideration as defined in the Reimbursement Policy Statement Policy and is approved.

