

Healthy Heart Plan Guide

For HAP CareSource™ Marketplace
Healthy Heart Gold and Silver Plans.



You made a great choice for your health care and your wallet!

You get all the great benefits of having a HAP CareSource plan, such as:

- Our 24-hour Nurse Advice Line,
- \$0 Telehealth visits through Teladoc®,
- Easy to use online tools, like our Cost Estimator, ***Find a Doctor/Provider*** and ***Find My Prescriptions/Find a Pharmacy***,
- and so much more!

As a Healthy Heart plan member, you also get extra benefits, listed below. Just show your HAP CareSource member ID card when you get services or pick up your medications. Most are provided at \$0 cost to you, some are at a reduced cost share compared to other plans HAP CareSource offers.

This guide outlines the special benefits you get as a Healthy Heart plan member. Use this as a supplement to your welcome booklet and plan documents to find out how to get care, use your benefits, and work with HAP CareSource to get the most from your plan.

\$0 Cost Services

- Lipid Panel
- Metabolic Panel
- Prothrombin Test
- EKG

\$0 Cost Self-Management Supplies

- Blood pressure cuff**
- Gradient compression socks

\$0 Cost Drugs:

- **Brand Name Drugs for Heart Failure:** Jardiance, Farxiga, Entresto
- **Generic Drugs for Heart Failure:** Amiodarone, digoxin, flecainide, sotalol, sotalol AF

Additional Plan Highlights:

Coaching Program

Our special Care Management program focuses on you! Get coaching and tips on diet, exercise, medication and lifestyle changes. Call our Care Management team at **1-833-230-2064** to get a Care Manager and start your coaching program **today!**

Cardiac Rehabilitation

- Regular Sessions that are essential for recovery and supporting heart health.
- Regular monitoring that includes scheduled reminders for check-ups and screenings.

Expanded Formulary

Gives you easier, more affordable access to the drugs you may need. Use our Marketplace Drug Formulary or the **Find My Prescriptions** tool to find these and more medications.

Home Delivery of Medication

Use Express Scripts® to get your maintenance medications. 90-day supplies are 2.5x the cost of a 30-day supply. Register for an account at express-scripts.com/rx to manage your prescriptions. Ask your provider to 'e-prescribe' a 3-month supply to Express Scripts. They should have the website and phone number.

If you or your provider have questions, call Express Scripts at 1-800-221-1456 or fax to 1-800-837-0959.



Questions? Contact Us!

If you have any questions, call our Member Services department at **1-833-230-2099** (TTY: 711) from 7 a.m. to 7 p.m. Eastern Time (ET), Monday through Friday. We are happy to help answer your questions, find a provider, or help you get publications in another language or format if you need them.

