

Diabetes Plan Guide

For HAP CareSource™ Marketplace
Diabetes Silver and Gold Plans.

You made a great choice for your health care and your wallet!

You get all the great benefits of having a HAP CareSource plan, such as:

- Our 24-Hour Nurse Advice Line,
- \$0 Telehealth visits through Teladoc®,
- Easy to use online tools, like our Cost Estimator, **Find a Doctor/Provider** and **Find My Prescriptions/Find a Pharmacy**,
- and so much more!

As a Diabetes Plan member, you also get extra benefits, listed below. Just show your HAP CareSource member ID card when you get services or pick up your medications. Most are provided at \$0 cost to you, some are at a reduced cost share compared to other plans HAP CareSource offers.

This guide outlines the special benefits you get as a Diabetes Plan member. Use this as a supplement to your welcome booklet and plan documents to find out how to get care, use your benefits and work with HAP CareSource to get the most from your plan.

You Get \$0 Cost Services

- Diabetes Self-Management Education
- Nutritional Counseling
- Routine Diabetic Foot Care
- Hemoglobin A1C test
- Retinopathy Screening
- Diabetic Kidney Disease Screening



Diabetes Self-Management Education

This includes medical nutrition therapy and dietary/nutritional counseling. It must be provided by a certified, registered, or licensed provider with expertise in diabetes. This is covered when you are first diagnosed and any time you have a change in your condition, or a new treatment is identified. It is covered for both inpatient and outpatient.

\$0 Cost Drugs:

- **Regular insulins** – Humulin N, Novolin N, Humulin R, Novolin R, Humulin 70-30, Novolin 70-30
- **Rapid-acting insulins** – Humalog, insulin lispro and insulin aspart
- **Long-acting insulins** – Basaglar®, Rezvoglar™ and Tresiba®
- **Generic oral drugs** – Acarbose, alogliptin, alogliptin-metformin, alogliptin-pioglitazone, glimepiride, glipizide, glipizide-metformin, glyburide, glyburide-metformin, metformin, miglitol, nateglinide, pioglitazone, pioglitazone-metformin, pioglitazone-glimepiride, repaglinide
- **Brand name oral drugs** – Jardiance®*, Januvia®*, Janumet®*, Farxiga®*

\$0 Self-Management Supplies on Prescription Drug List | Retail & Mail:

- **Continuous glucose monitors:** Dexcom®*, FreeStyle Libre®*
- **Diabetic supplies:** Glucose meter (OneTouch Verio Flex®), test strips (OneTouch Verio®), lancets/lancing device, pen needles, insulin syringes/needles, alcohol swabs and ketone strips

* Prior authorization or step therapy required.

Additional Plan Highlights:

Coaching Program

Our special Care Management program focuses on you! Get coaching and tips on diet, exercise, medication and lifestyle changes. Call our Care Management team at **1-833-230-2064** to get a Care Manager and start your coaching program **today!**

Expanded Formulary

Includes drugs like Mounjaro, Ozempic, Trulicity, and Rybelsus. Use our Marketplace Drug Formulary or the **Find My Prescriptions** tool to find these and more medications that you may need.

Home Delivery of Medication

Use Express Scripts® to get your maintenance medications. 90-day supplies are 2.5x the cost of a 30-day supply. Register for an account at express-scripts.com/rx to manage your prescriptions. Ask your provider to 'e-prescribe' a 3-month supply to Express Scripts. They should have the website and phone number.

If you or your provider have questions, call Express Scripts at 1-800-221-1456 or fax to 1-800-837-0959.



Questions? Contact Us!

If you have any questions, call our Member Services department at **1-833-230-2099** (TTY: 711) from 7 a.m. to 7 p.m. Eastern Time (ET), Monday through Friday. We are happy to help answer your questions, find a provider, or help you get publications in another language or format if you need them.

