



Get Active & Fit!™

The Active&Fit Enterprise™ program empowers members with fitness center memberships and home fitness options, digital tools, and well-being resources designed to meet their unique needs.

How to Check Eligibility and Find a Fitness ID Number

- 1. Go to ActiveandFit.com and click Check Eligibility in the top-right corner of the home page.
- 2. Create an account by entering this information:
 - First and Last Name
 - Date of Birth
 - Zip Code
 - Check the Terms & Conditions box and click Next
- 3. Once eligibility is confirmed, create a Username and Password.
- 4. After logging in to the Active&Fit Enterprise website, members can find their Fitness ID number on the top-right corner of the member dashboard. They can also find their Fitness ID card in the My Memberships section of the website.
- 5. Members are now ready to search for a fitness center and enroll in.

How to Search for and Enroll in a Fitness Center

- Go to Active and Fit.com and click on the Fitness Centers tab.
- 2. Enter a city name, zip code, or address into the search bar.
- 3. A list of nearby fitness centers and a map will pop up.
- 4. Members can filter the list to show Standard or Premium locations only.
- 5. Members may select the fitness center they want to join and check out.
- 6. If the member's desired fitness center is not included in the list, they can choose to nominate it by clicking on the **Nominate a Fitness Center** button below the map.

For questions or assistance, call Active&Fit Enterprise Customer Service at 1.877.771.2746, Monday – Friday, 8 a.m. to 9 p.m. Eastern time.

MI-EXC-M-3591224

*Not offered by all health plans.

M965-369A-CRSMI 8/24 \odot 2024 American Specialty Health Incorporated (ASH). All rights reserved. The Active&Fit Enterprise program is provided by American Specialty Health Fitness, Inc. (ASH Fitness), a subsidiary of American Specialty Health Incorporated (ASH). All programs and services are not available in all areas. Please talk with your provider before starting or changing your exercise routine. Persons shown are not Active&Fit Enterprise members. Active&Fit Enterprise, Get Active and Fit!, and the Active&Fit Enterprise logo are trademarks of ASH. Other names or logos may be trademarks of their respective owners. Nonstandard services at fitness centers that call for an added fee are not part of the Active&Fit Enterprise program. Fitness center participation may vary by location and is subject to change.

The Active&Fit program is only available to eligible members who select a CareSource Marketplace Vision and Fitness plan. Members must be 18 years of age or older to participate in the Active&Fit program. Availability of fitness centers is dependent upon the fitness centers contracted within the American Specialty Health network. Services may vary at each fitness center. Not all services offered by the fitness center may be included with fitness center enrollment and should be verified with the fitness center prior to enrollment. All fees are paid directly to the fitness centers and/or American Specialty Health prior to enrollment and are non-refundable. Fees are not prorated and do not count towards a plan's out-of-pocket maximum. Other exclusions, limitations, and reductions apply. Please contact CareSource Member Services at the number on the back of your member ID card for complete details and more information.