

SUMMER 2025

# PROVIDER Source A Newsletter for Michigan Medicaid and MI Health Link

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### **Chief Medical Officer's Note**



The material in this newsletter applies to HAP CareSource™, HAP CareSource™ MI Health Link (Medicare-Medicaid Plan) and HAP CareSource Marketplace. When stating "HAP CareSource," the content applies to all plans – Medicaid, MI Health Link, and Marketplace – unless otherwise noted.

With the arrival of spring, nature offers us a powerful reminder of the importance of renewal, both in the world around us and within ourselves. As the days grow longer and the air grows warmer, it is the perfect time to focus on the health and well-being of your patients. Preventive care is the cornerstone of maintaining long-term health. As part of our ongoing commitment to improving the whole person health of your patients, including physical, behavioral, oral and social needs, we are dedicated to making preventive care accessible and easy for everyone. Whether it is through our wellness programs, chronic disease management, educational resources, or social supports for healthy living initiatives, we strive to empower individuals to take control of their health before problems arise. We understand the impact that non-medical drivers of health can have on an individual's health journey and can assure these needs are met through support from our case management team, Life Services, Vaccine for Children (VFC) program, and our community partners. All these efforts aim to improve the quality of life for your patients.

In this current climate, it is important for consistent messaging to your patients regarding preventive services and specifically, vaccines. Misinformation about vaccine safety, effectiveness, or necessity can lead to confusion, fear and reluctance to vaccinate. It is well known that vaccines play a crucial role in preventing serious illnesses, reducing the spread of infectious diseases, and even eradicating certain diseases. By participating in the VFC program, continuing to recommend and supporting vaccinations, we create a safer environment for everyone.

In closing, we value our partnership with our health care providers and are here and happy to assist you in any way we can to improve the health and quality of life for your patients.

Sincerely,

Dr. Lori Billis

Medical Director - Michigan



### **Vaccine BINGO**

#### Michigan Medicaid

HAP CareSource is excited to announce we have a new vaccine initiative that was launched in March of 2025.

Welcome Vaccine BINGO! As we know, the vaccine rates continue to decline in the state of Michigan. We are taking an approach to educate and encourage parents to get their infants and young children vaccinated. The BINGO card includes the vaccines recommended by the American Academy of Pediatrics for children under the age of two years, but we have chosen to include all members six years of age and under to be eligible and get a chance to play.

It is easy to play. Members visit CareSource.com/
GotBingoMI to share information and their BINGO!
The members with a confirmed BINGO! will qualify for an automated quarterly drawing. Three winners will be selected and win \$100 each! This is in addition to our normal member rewards. Vaccine BINGO makes getting preventive health care more fun. Please share with your patients who have HAP CareSource! Additional details, frequently asked questions, vaccine education and a downloadable BINGO! card can be found on our HAPCareSource.com webpage titled, Let's Play BINGO!



### **Network Notification Bulletin**

HAP CareSource regularly communicates operational updates on our website. Our goal is to keep you updated with a format that is quickly accessible and keeps you informed about working with us. Here are some network notifications posted from the previous quarter that you may have missed:



- Marketplace, Medicaid & MI Health Link Prothesis and Orthosis Claims Editing Logic
- Medicaid <u>Social Determinants of Health (SDOH): Understanding Codes</u>
- Marketplace <u>HAP CareSource Cardiac and Musculoskeletal Surgical Quality and Safety Management</u>
   <u>Program in Partnership with TurningPoint REVISION</u>

Network notifications can be accessed at **HAPCareSource.com** > Providers > <u>Updates & Announcements</u>.

# Oral Health's Impact on Medical Health

Promote oral health in annual well visits with all HAP CareSource members. Share the importance of oral health with our members who are pregnant or within 90 days postpartum and recommend they schedule with their dental provider.

#### Why?

- Physiological changes can affect oral health.
- Poor oral health could contribute to premature labor.

Please help HAP CareSource raise awareness of the importance of oral health. Include those conversations in your annual wellness visits and encourage your patients to schedule their annual dental appointment. Discuss the importance of oral health with our members who have diabetes and recommend they schedule with their dental provider annually.

#### Why?

- Uncontrolled diabetes can exacerbate existing oral infections and impact overall health.
- An inadequate oral hygiene regimen, including proper brushing and flossing, can have a significant impact on their physical health.
- Gum disease in diabetic members can also lead to an increased risk of heart and kidney disease.



# Controlling Asthma: Asthma Medication Ratio

#### Michigan Medicaid

HAP CareSource recognizes that health care providers play an important role in the diagnosis and management of asthma. The Asthma Medication Ratio (AMR) is a HEDIS quality measure which assesses asthma control in patients<sup>1</sup>. AMR compares the number of controller medications filled to rescue medications (i.e., Short-Acting Bronchodilators (SABAs)) filled. A higher use of rescue medications may indicate poor asthma control or a need for patient education on appropriate inhaler use. We monitor our AMR measure to ensure our members with asthma are well controlled.

The Global Initiative for Asthma (GINA) published a 2023 Updated Report, which had the following recommendations<sup>2</sup>:

- Regular use of SABA alone, even for one to two weeks, is associated with increased airway hyperresponsiveness (AHR), reduced bronchodilator effect, increased allergic response, and increased eosinophils.
- As-needed low-dose ICS-formoterol reduces the risk of severe exacerbations and ED visits or hospitalizations by 65% compared with SABA-only treatment.
- When inhaled corticosteroids (ICS) are introduced into asthma management, large improvements are observed in symptom control, lung function, and exacerbations.

To better assist members with their maintenance inhaler adherence, we are encouraging providers to write 90-day supply prescriptions for maintenance inhalers. Please notate on the prescription to dispense in a 90-day supply. Go to **HAPCareSource.com** > Providers > Tools & Resources > <u>Drug Formulary</u> for the drug formulary list.

#### References:

- 1. "Asthma Medication Ratio (AMR)." NCQA, 16 Apr. 2025, www. ncqa.org/report-cards/health-plans/state-of-health-care-quality-report/asthma-medication-ratio-amr/.
- 2. Global Initiative for Asthma. Global Strategy for Asthma Management and Prevention, 2023. Updated July 2023. Available from: www.ginasthma.org



## **HEDIS Tip: KED**

# The KED Measure: Kidney Health Evaluation for Patients with Diabetes

Diabetic nephropathy is a leading cause of kidney failure. It is estimated that approximately 30-40% of people with diabetes will develop some form of kidney damage over their lifetime. In the early stages of kidney disease, there may not be noticeable symptoms, but left untreated it can lead to kidney failure. The KED measure's intent is to monitor kidney health among adults with diabetes to help identify and prevent the progression of chronic kidney disease.

### Did you know?

- **37 million** U.S. adults have CKD, with **over 90%** unaware!
- 1 in 3 adults is at risk due to diabetes, hypertension, heart disease, obesity, or family history.
- Population-Specific Information:
   African Americans are 3x more likely, and Hispanics are 1.5x more likely than Whites to develop end-stage renal disease.

LOINC

For HEDIS purposes, KED measures the percentage of members 18 to 85 years of age with diabetes (Type 1 or Type 2) who received a kidney health evaluation, defined by *an estimated glomerular filtration rate (eGFR) AND a urine albumin-creatinine ratio (uACR)* during the measurement year.

#### **Provider Best Practices**

Empower your patients to protect their kidneys by educating them on:

- Managing blood pressure, blood sugars, cholesterol, and lipid levels.
- Adhering to prescribed ACE inhibitors or ARBs.
- Avoiding nephrotoxic medications (e.g., naproxen, ibuprofen).
- Limiting dietary protein and sodium.

eGFR Test		AND	uACR Test
Code	Code System	1	Code
80069	CPT		9318-7
80050	CPT	1	89998-9
80048	CPT	]	77254-1
80047	CPT	]	77253-3
80053	CPT	]	76401-9
82565	CPT	]	59159-4
98980-6	LOINC	]	44292-1
98979-8	LOINC	]	30000-4
94677-2	LOINC	]	14959-1
77147-7	LOINC	]	14958-3
70969-1	LOINC	]	13705-9
69405-9	LOINC	]	
62238-1	LOINC	]	
50384-7	LOINC	]	
50210-4	LOINC		
50044-7	LOINC	]	

Code	Code System	
82043	CPT	
89999-7	LOINC	
57369-1	LOINC	
53531-0	LOINC	
53530-2	LOINC	
43605-5	LOINC	
30003-8	LOINC	
21059-1	LOINC	
1754-1	LOINC	
14957-5	LOINC	
100158-5	LOINC	
AND		
	tinine Lab Test	
Code	Code System	
82570	CPT	
58951-5	LOINC	
57346-9	LOINC	
57344-4	LOINC	
39982-4	LOINC	
35674-1	LOINC	
2161-8	LOINC	
20624-3	LOINC	

To close the measure, either the uACR or the combination of the quantitative urine albumin lab test and urine creatinine lab test can be ordered in addition to the eGFR. Pertinent CPT and Logical Observation Identifiers Name and Codes (LOINC) codes are provided in the chart above.

# Unlock the Power of CPT II Codes!

Submit **CPT II codes** to boost HEDIS measurement accuracy, support quality improvement initiatives, and reduce medical record requests.

Measures	CPT Codes			
KED	80047, 80048, 80050, 80053, 80069, 82565, 82043, 82570			
Other Important Measures and CPT Codes				
Blood Pressure Control for Patients with Diabetes (BPD)	3074F, 3075F, 3077F, 3078F, 3079F, 3080F			
Glycemic Status Assessment for Patients with Diabetes (HbA1c with Documented Results)	3044F       Most recent A1C < 7.0%         3046F       Most recent A1C > 9.0%         3051F       Most recent A1C ≥ 7.0% & < 8.0%			
Eye Exam for Patients with Diabetes (Exam by Eye Care Professional)	2022F, 2023F, 2024F, 2025F, 2026F, 2033F, 3072F			

Visit <u>Home | National Kidney Foundation of Michigan</u> for information regarding programs such as Diabetes PATH, Diabetes Prevention Program, Better Choices Better Health, and High Blood Pressure Control.

# PrEP: Expanding Access and Support for Patients

#### Michigan Medicaid

PrEP is a vital tool in HIV prevention, particularly for populations at higher risk, including LGBTQ+ communities and individuals with certain risk factors.

#### **Who Should Consider PrEP?**

PrEP may be suitable for individuals who:

- Have had a sexually transmitted infection (STI) in the past six months.
- Engage in sexual activities without knowing their partner's HIV status.
- Use injectable drugs with shared equipment.

For a comprehensive guide on assessing whether PrEP is right for your patients, please refer to the CDC's resource: <u>Deciding if PrEP</u> is Right for You.

#### **How PrEP Works**

PrEP prevents HIV from replicating in the body if exposed. It should be taken as prescribed and does not replace the need for regular STI screening and safe practices.

Medications used for the treatment of HIV and PrEP are carved out and covered by the State for all Michigan Medicaid members, and are listed in the Michigan Medicaid Health Plan Common Formulary.

For more detailed information on PrEP and its usage, visit <u>Preventing HIV with PrEP.</u>

For further reading on LGBTQ+ health disparities and the role of Medicaid in addressing these issues, please explore this detailed brief from the Center for Health Care Strategies.

## **Pharmacy Updates**

# for Marketplace, Medicaid and MI Health Link

HAP CareSource has searchable drug lists that are updated regularly on the website. To find out which drugs are covered under your member's plan, go to **HAPCareSource.com** > Providers > Tools & Resources > <u>Drug Formulary</u>. The most current updates can also be found there. If members do not have access to the internet, they can call Member Services for their respective market and plan. A representative will help members find out if a medication is covered and if there are any rules or restrictions.

# Maximize Patient Outcomes: Partner with Pharmacists

Physicians can enhance patient outcomes by actively encouraging patients to engage with their pharmacists. Pharmacists offer vital services beyond dispensing medications, including:

- Medication therapy management,
- Adherence counseling,
- Chronic disease monitoring,
- And immunizations.

By leveraging pharmacists' accessibility and expertise, physicians can reduce medication errors, improve adherence, and decrease hospital readmissions. Collaborative care models have shown significant benefits in managing hypertension, diabetes, and other chronic conditions. Encouraging patients to utilize their pharmacist strengthens the care continuum, optimizes therapeutic outcomes, and reduces overall health care costs. Physicians and pharmacists working together empower patients and advance quality of care.





Summer break is upon us and what better way to celebrate than with rewards! Did you know that we have free rewards programs for our members? The <a href="HAP CareSource MyHealth">HAP CareSource MyKids programs</a> are designed to encourage our members to complete healthy activities throughout the year. Members can earn rewards for completing various activities such as baby well visits, flu shots and much more!

- Registration is NOT required, and all eligible members are automatically enrolled for the HAP CareSource MyKids program.
   This rewards program is for newborn through 21 years old.
- Registration is not required for the MyHealth program. Members are automatically enrolled. This rewards program is for adults 22 and over.
- Learn more about the rewards programs today! In the link, you
  will find the reward amount, incentives, and HAP CareSource
  MyKids registration form.

#### **MI Health Link**

The My HAP CareSource MI Health Link rewards program is designed to encourage our members to complete healthy activities throughout the year. Members can earn rewards for completing various activities such A1C, breast cancer and colorectal screening.

 Registration is not required for the My HAP CareSource rewards program. Members are automatically enrolled.

#### Marketplace

The <u>HAP CareSource MyHealth program</u> is designed to encourage our members to complete healthy activities throughout the year. Members can earn rewards for completing various activities such as A1C, breast cancer and colorectal screening!

- Registration is not required for the MyHealth program. Members are automatically enrolled. This rewards program is for adults 18 and over.
- Learn more about the rewards programs today! In the link, you will find the reward amount and incentive activities.

## Quality Risk Adjustment (QRA) Coding Corner

# New Aftercare Code for Sepsis

Welcome to this quarter's edition of the Coding Corner! In our ongoing effort to keep you informed about ICD-10 coding best practices and updates, we'd like to highlight a recent coding clinic published by the American Hospital Association (AHA).

In the fourth quarter of 2024, the introduction of Code Z51.A, Encounter for Sepsis Aftercare, represents a significant advancement in coding for post-acute care. This code addresses the ongoing needs of patients who have successfully undergone treatment for sepsis.

Post-acute and home health care services are essential in providing the necessary support during this critical phase. These services help ensure a continuum of care, focusing on rehabilitation and preventive measures to reduce the risk of recurrence.

When utilizing Z51.A, it is crucial to document the patient's history of sepsis, any lingering symptoms, and the specific aftercare services provided.

As health care providers, understanding and correctly applying this code reflects the complexity of care, enhances patient outcomes, and improves the quality of care for patients.

Thank you for your continued commitment to accurate coding and documentation!

Send questions to:

RAProviderEducation@CareSource.com.

If you'd like to learn more about documentation best practices, please scan the QR code to register for a quick 15-minute webinar.





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## **Member Corner**

The MemberSource newsletter is a great resource to stay up-to-date with health, wellness and plan information for your HAP CareSource or HAP CareSource MI Health Link patients. To view editions of the MemberSource newsletter, visit **HAPCareSource.com** > Members > Education > Newsletters.

Thank you for your partnership!