



NETWORK *Notification*

Notice Date: September 22, 2026
To: HAP CareSource™ and HAP CareSource™ MI Coordinated Health (HMO D-SNP) Providers
From: HAP CareSource and HAP CareSource MI Coordinated Health
Subject: Controlling High Blood Pressure Tips and Reminders

Summary

HAP CareSource and HAP CareSource MI Coordinated Health are committed to supporting the health outcomes of our members and partnering with providers to help close care gaps. We would like to share a few tips aimed at improving blood pressure (BP) outcomes, with a focus on the Health Effectiveness and Information Data Set (HEDIS) measure Controlling High Blood Pressure (CBP).

Impact

CBP evaluates adults ages 18-85 with hypertension whose BP is controlled at <140/90 mm Hg. When multiple same-day BP readings are documented, the lowest systolic and lowest diastolic values may be used – this can help move a member from “not controlled” to “controlled”. Here are a few things to remember:

1	Initial BP elevated	Reading is $\geq 140/90$ mm Hg.
2	Pause and prepare	Let member rest quietly for 5 minutes. Confirm cuff size, feet flat, back supported and arm at heart level.
3	Recheck BP	Repeat BP during the same visit if the first reading is above 140/90 after rest.
4	Document clearly	Document both readings. If still elevated, alert the provider for follow-up, medication review and appointment timing as appropriate.

Questions?

Care management and care coordination teams can support member education, follow-up and care coordination. Members with hypertension may qualify for a home blood pressure cuff to support ongoing monitoring and remote patient monitoring, when clinically appropriate.

*Applicable exclusions include but are not limited to hospice, palliative care, ESRD, pregnancy and dialysis.

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