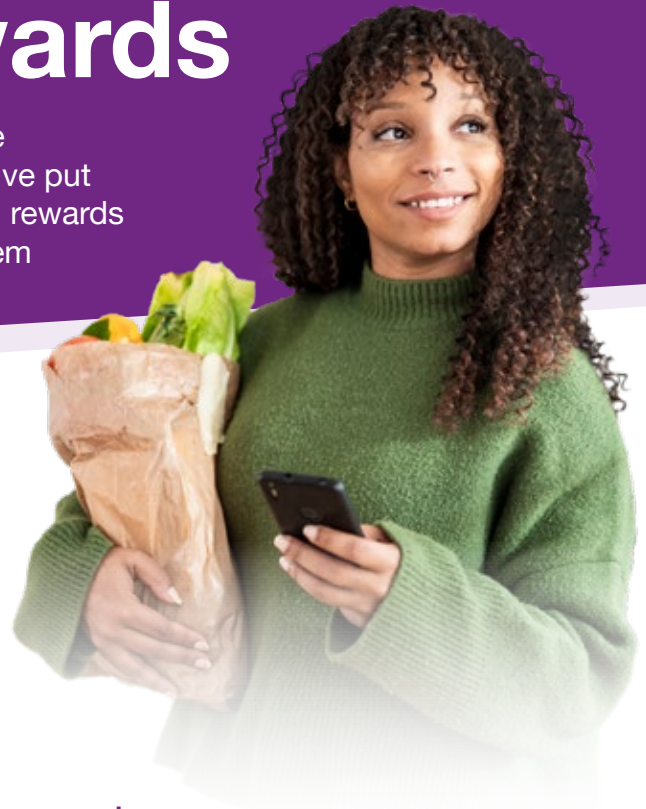


How to Redeem MyHealth Rewards



We know the process of redeeming rewards can be confusing to many of our members. That's why we've put together this step-by-step guide on how to redeem rewards through MyHealth. This guide can be used to redeem rewards if you're an adult 18+.

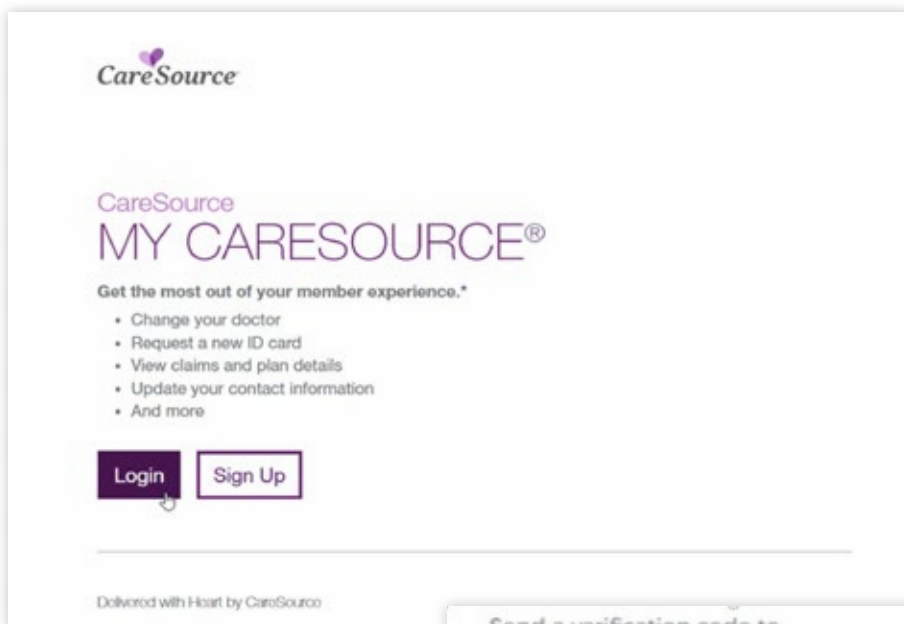


Follow the steps below to redeem your rewards.

Please note: most of the graphics shown here are from the desktop version of the member portal. If you use our mobile app, your view may look different.

STEP 1: Log Into My CareSource Account

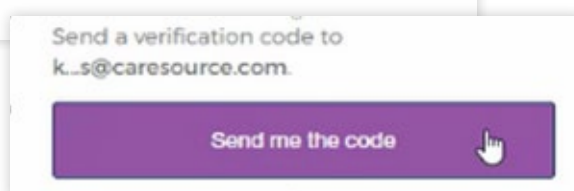
First, log into your **My CareSource** account. If you don't have an account, click **Sign Up** and follow the prompts to set up an account.



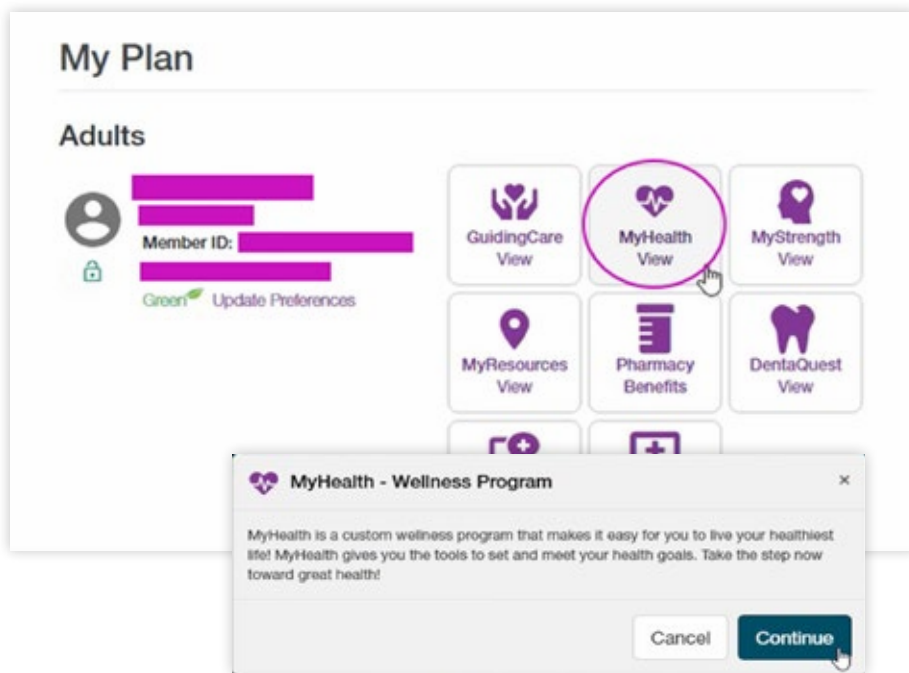
Hint:

To create a My CareSource account, you need your CareSource member ID number and an email address. Don't have an email? Create a [free email account here](#) if you need one.

Once you sign up or login, you may be asked to verify your account through your email, text or a different method. Make sure to select **Send me the code**. When you get it, enter the code.



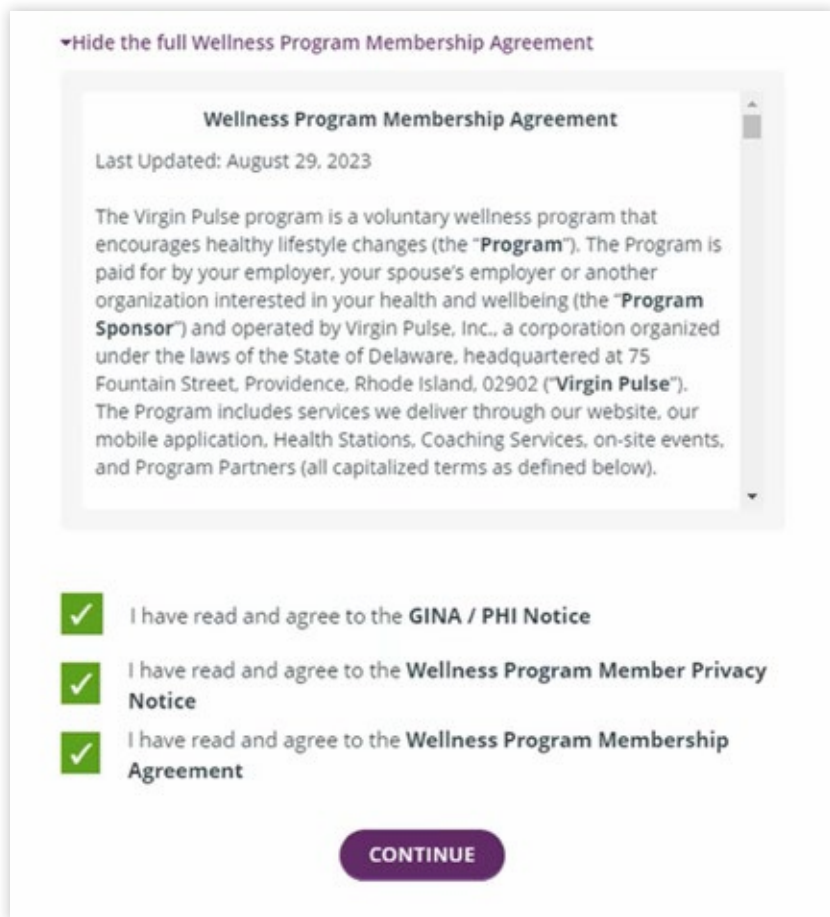
STEP 2: Select *MyHealth View*



Once you're logged in, you should see squares with icons on them. These are called tiles. Click the **MyHealth View** tile, which is circled on the screen at left.

You will see a pop-up window saying *MyHealth Wellness Program*. Select **Continue**. You will then go to Personify, a different website. Personify is the name of the vendor where we have the MyHealth Rewards program set up. This is where your rewards information will be housed.

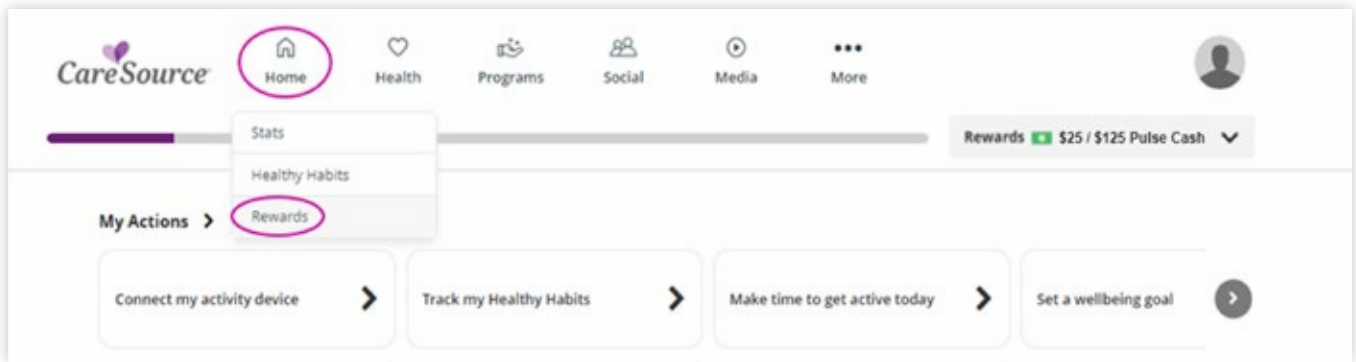
STEP 3: Log Into the Personify Platform



Once you select **Continue**, you will be shown a "Wellness Program Membership Agreement." Read the documents, check all three boxes if you agree to the terms, then select **Continue** at the bottom.

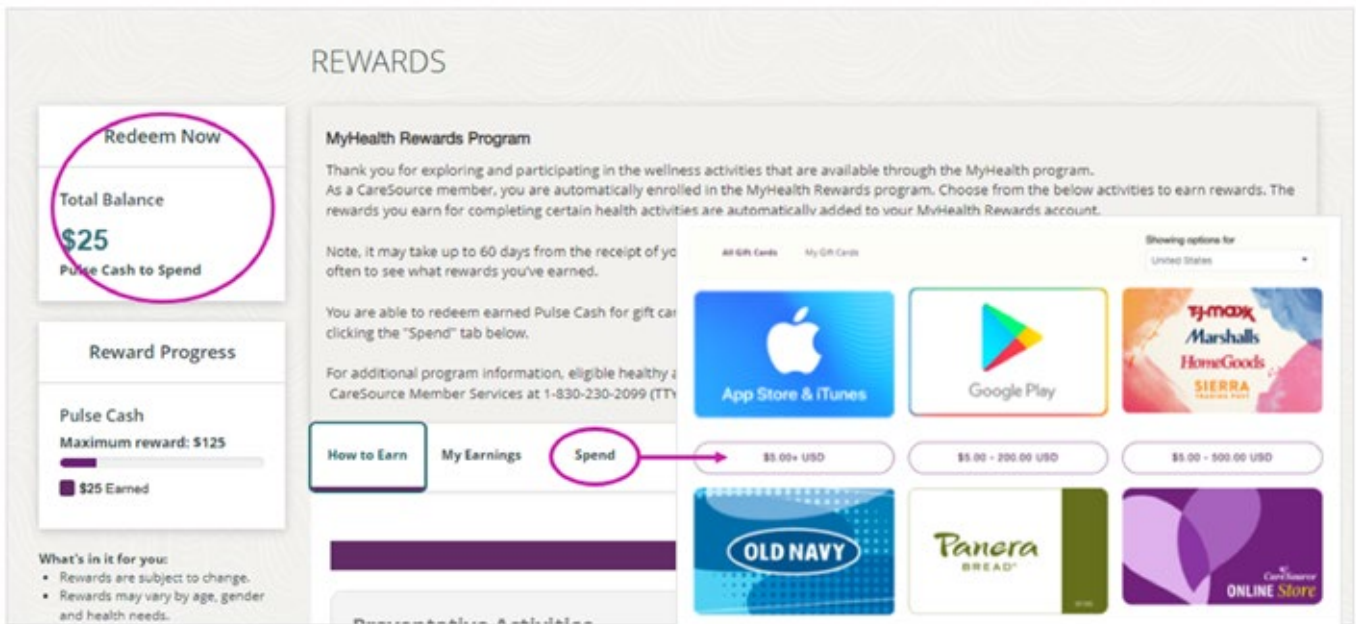
Please note: if you are logging into Personify for the first time or haven't set up an account yet, your view may look different. Once you click **Continue** on this page, you will see your MyHealth profile page.

STEP 4: Select the *Rewards* Tab



Now, hover your cursor over the **Home** icon, and when the menu appears, select **Rewards**, circled on the screen above. This will take you to the **Rewards** tab, where you can see your total rewards earned. Now you can start redeeming your rewards!

STEP 5: Start Redeeming Rewards



Once you are on the Rewards page, you'll see Reward Dollars you can use. Remember, you earn these rewards based on rewardable healthy activities that you complete each year.

1. Select the **Spend** tab. This is where you will find the gift cards you can choose with your reward dollars.
2. Select the gift card of your choice.
3. Choose the amount you would like to redeem.
4. The card you selected will appear under the **My Gift Cards** tab, shown circled on the screen shown on the next page.
5. Click on **E-Reward Details** next to the gift card you chose to find your redemption code. You may use the redemption code when shopping online, or you may give it to your cashier or waitress to redeem your gift card.

Home Health Programs Social Media More

Rewards \$50 / \$395 Pulse Cash

REWARDS

Redeem Now

Total Balance
\$170
Pulse Cash to Spend

How to Earn My Earnings **Spend**

Get a Gift Card

All Gift Cards **My Gift Cards**

Gift Card	Amount	Redemption Details	Date
CareSource Online Store	\$10.00	E-Reward Details	June 29, 2022
Panera Bread	\$5.00	E-Reward Details	June 6, 2022

Happy Spending!

