

Diabetes Plan Guide

Getting the Most From Your Plan

You made a great choice for your health care and your wallet!

Great CareSource® Benefits:

- Free 24-Hour Nurse Advice Line
- \$0 Teladoc Health® telehealth visits
- Easy to use online tools, like:
 - Find A Doctor/Pharmacy
 - Find My Prescriptions
 - Cost Estimator and much more!

Extra Benefits for Plan Members

You get most extra benefits at \$0 cost, some at a reduced cost. Just show your CareSource ID card when you get services or prescriptions.

This guide outlines:

- Special Diabetes plan benefits
- How to get care and use your benefits
- Ways to work with us to get the most from your CareSource plan

\$0 Diabetes Medical Services

- A1C testing
- Retinopathy eye screening
- Diabetic kidney disease screening
- Routine diabetic foot care
- Diabetes self-management education
- Nutritional counseling

Self-Management Education

Includes medical nutrition therapy and dietary/nutritional counseling. This is covered when:

- You are first diagnosed
- Your condition changes
- You start a treatment
- Given in office with a certified, registered or licensed diabetes-trained provider

\$0 Diabetes Drugs:* **

- **Regular Insulins:** Humulin N, Novolin N, Humulin R, Novolin R, Humulin 70-30, Novolin 70-30
- **Rapid-acting Insulins:** insulin lispro (biosimilar for Humalog)
- **Long-acting Insulins:** Basaglar® KwikPen, Rezvoglar™ and Tresiba®
- **Generic anti-diabetics:** Acarbose, alogliptin, alogliptin-metformin, alogliptin-pioglitazone, dapagliflozin*, dapagliflozin-metformin, glimepiride, glipizide, glipizide-metformin, glyburide, glyburide-metformin, metformin, pioglitazone, pioglitazone-metformin, repaglinide.
- **Brand name anti-diabetics:** Jardiance®

\$0 Self-Management Supplies* on Prescription Drug List | Retail & Mail

- **Continuous glucose monitors:** Dexcom®, FreeStyle Libre®
- **Insulin delivery device:** Omnipod®
- **Glucose meter** and test strips
- **Diabetes supplies:** Urine ketone strips

* Prior authorization, quantity limits or step therapy may be required.

** Applies to formulary products only.

Formulary Change Notice

The drugs listed above, and on the formulary, may change throughout the year. When a generic equivalent becomes available, the generic may replace the brand-name drug on the formulary, or the brand-name drug may move to a higher cost tier. If you take a drug that is affected, we will notify you of the change.



Additional Plan Highlights:

Coaching Program

- Get tips and help with diet, exercise, medications and lifestyle changes.
- Call our Care Management team at 1-833-230-2037 to request a Care Manager and start your coaching program today!

Expanded Formulary

- More brand name drugs available.
- Use our **Find My Prescriptions** tool by scanning the QR code.
- See your costs on your **Schedule of Benefits**. You can find it on the Plan Documents page at **CareSource.com/GA-Plan-Docs**



Find My
Prescriptions

Home Delivery of Medication

- Use Express Scripts (ESI) to get your maintenance medications.
- 90-day supplies are delivered right to your mailbox!
- Register for an account at www.express-scripts.com/rx.
- Ask your provider to “e-prescribe” a 3-month supply to Express Scripts.
- Questions? Call ESI at 1-800-835-3784 or call CareSource Member Services.

Medication Management

- Get support from pharmacists to help you manage your medications. This includes over-the-counter medicines, vitamins and supplements to avoid potential drug interactions.



CareSource.com/Marketplace

Questions? Contact Us!

Call our Member Services team at
1-833-230-2099 (TTY: 711) Monday
through Friday from 7 a.m. to 7 p.m.
Eastern Time.

We are happy to help you:

- Answer any questions
- Find providers
- Get language assistance such as materials in another format

