

Notice Date: October 20, 2023
To: Marketplace Providers
From: CareSource®
Subject: Adult Type 2 Diabetes Reference Guide

Summary

CareSource wants to put our best foot forward and partner with our providers. That is why we created the new [Diabetes Reference Guide](#). This guide provides tips regarding adult type 2 Diabetes diagnosis, and some of the commonly prescribed medications to help you help your patients reach their A1C goals.

Impact

We understand that patients who have diabetes rely on their health care providers to help reduce their long-term risk of stroke, heart attacks, dialysis, and untimely mortality. Educating the members to take medications as prescribed, meal planning, and appropriate exercise are crucial steps in attaining optimal blood sugar control and reducing long-term risk factors associated with having diabetes. CareSource designed a Diabetes Quick Reference Guide listing some of the commonly prescribed medications to help manage type 2 Diabetes.

The Diabetes Quick Reference Guide includes:

- Screening and Diagnosis recommendations for adult Type 2 Diabetes
- Diagnostic Test Results & Recommended Action Plan
- Dosing Considerations for some commonly prescribed medications for Type 2 Diabetes
- Combining some common drug classes to treat Type 2 Diabetes
- Link to the CareSource Preferred Prescription Drug Formulary.

Importance

Studies have found A1C testing with a result of less than eight percent have been linked with better management of diabetes with fewer health complications, such as heart disease, stroke, and amputation. It is estimated that every percentage point drop in A1C results reduces the risk of eye, kidney, and nerve damage by 40%.

CPT II Codes for A1c	Kidney Health Evaluation for Patients with Diabetes (KED) CPT Codes
3044F (If A1c < 7% documented in record)	eGFR (80047-48, 80050, 80053, 80069,382565) AND QUA (82043) WITH UCR (82570)
3045F (If A1c 7-9% documented in record)	
3046F (If A1c > 9% documented in record)	

For a complete description of covered benefits please have CareSource member refer to our health plan [Evidence of Covered Benefits](#) or call CareSource Member Services at **1-833-230-2099**.

How to Close Care Gaps

- ✓ Eligible CareSource members include adults, ages 18-75 years of age and older, who are enrolled in the CareSource Marketplace plan and have a diagnosis of diabetes Type 1 or 2.
- ✓ Submit a claim to CareSource with the correct diagnosis and procedure codes.
The CPTII and CPT codes should indicate the patient's diagnosis of diabetes **AND** the code for:
 - A1C results
 - Controlling High Blood Pressure (CBP) (systolic/diastolic) readings.
 - Kidney Health Evaluation for Patients with Diabetes (KED) that needs **three** Lab Test codes:
 - Estimated Glomerular Filtration Rate (eGFR) **And**
 - Urine Albumin Creatinine
 - Quantitative Urine Albumin (QUA) **With**
 - Urine Creatinine Ratio (UCR)
- ✓ Refer to a vision provider and obtain Diabetes Dilated Retinal Eye exam screening result.
Click here for more information: [multi-exc-p-1995827-closing-diabetes-care-gaps.pdf](#)
- ✓ In addition, when you include the result of the test using the appropriate code such as the A1C, CareSource will be able to identify members who may need additional support from a CareSource Case Manager.

You may be eligible to receive enhanced payment for performing the recommended screenings/tests for members who have diabetes. For more information regarding CPT and CPTII codes see the HEDIS® 2022-2023 Quality Companion Guide located here: caresource.com/documents/mp-hedis-quality-companion-guide/ or contact your Health Partner Representative.

Questions?

For additional assistance, please contact your Health Partner Representative. If you have a member that could benefit from additional outreach, education, and support, you may refer them to CareSource Care Management program by contacting Member Services at **1-833-230-2099**.

Source: American Diabetes Association® published [Standards of Care in Diabetes - 2023](#) (Standards of Care), comprehensive, evidence-based guidelines for prevention, diagnosis, and treatment of diabetes

Qualified Health Plans offered in North Carolina by CareSource North Carolina Co., d/b/a CareSource

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