



REWARD PROGRAMS

for getting and staying healthy



CareSource MyKids

HOW DOES IT WORK?

1. SIGN UP.

Fill out the form at
CareSource.com/MyKids
or call Member Services at
1-800-488-0134 (TTY: 711) to sign up.
Make sure each child is signed up.



Scan here to sign
up your child!

2. COMPLETE HEALTHY ACTIVITIES.

You'll get a rewards card in the mail after you sign up and your child completes their first activity. Learn what activities they can do to earn rewards on the next page.

3. REDEEM YOUR REWARDS.

Use your rewards card like you use a gift card at local stores.

SHOP AT:

Dollar General®, Kroger®, Walmart® and more!

BUY:



Groceries - fresh and frozen foods and pantry staples



Baby care - diapers, wipes and formula



Personal care - deodorant, shampoo and toothpaste



Home goods - clothing, shoes and school supplies



And so much more!



CareSource MyKids



For newborns and kids through age 17

Rewards are earned once each year unless noted.
Rewards expire one year after they are issued.

WHAT REWARDS CAN I EARN?

Rewards for Expectant Moms

\$75	First prenatal visit. Earn once each pregnancy.
\$50	Fifth prenatal visit. Earn once each pregnancy.
\$50	12 th prenatal visit. Earn once each pregnancy.
\$60	Postpartum visit. Earn once each pregnancy. Complete within 7-84 days after delivery.

Rewards for Preventive Care

\$30	Well-baby visits 1-3. Earn \$10 each visit.
\$40	Well-baby visits 4 and 5. Earn \$20 each visit.
\$60	Well-baby visits 6 and 7. Earn \$30 each visit.
\$50	Lead screening for ages 12-23 months.
\$10	Lead screening for ages 2-6 years.
\$20	Dental exam for ages 3-17 years. Earn \$10 two times each year.
\$30	Well-child visits for ages 18 months - 30 months. Earn \$10 each visit up to three times.
\$50	Well-child visit for ages 3-17 years.



Rewards for Immunizations

\$25	Annual flu shot for ages 18 months - 17 years.
\$20	Dtap, IPV, MMR, and varicella vaccination (given as a series) for ages 4-6 years.
\$15	Tetanus-Diphtheria-Pertussis (Tdap) vaccination for ages 11-17 years.
\$30	HPV vaccination for ages 9-17 years. You must complete the series of two shots to earn the reward.
\$10	Meningococcal vaccination for ages 11-17 years.

Rewards for Chronic Care

\$10	ADHD follow up visit within 30 days of the first prescription. For ages 18 months - 17 years. Must have an ADHD diagnosis.
\$20	ADHD follow up visits within 10 months of the first prescription. For ages 18 months - 17 years. Must have an ADHD diagnosis. Earn \$10 twice a year.



MyHealth Rewards

HOW DOES IT WORK?

1. LOG IN.

Adults 18 and older are automatically enrolled in MyHealth Rewards. Log in to **MyCareSource.com**. Click *MyHealth* under the *Health* tab to get started. You can also track your progress and view your balance here.

Need help with rewards?

Call Member Services
at **1-800-488-0134**
(TTY: 711).
We can help!

2. COMPLETE HEALTHY ACTIVITIES.

Rewards are added to your account when you complete healthy activities. Learn what activities you can do to earn rewards on the next page.

3. REDEEM YOUR REWARDS.

Redeem your rewards for gift cards to your favorite stores through **MyCareSource.com**.

SHOP AT:

Walmart®, TJ Maxx®, Old Navy®, and more!

BUY:



Groceries - fresh and frozen foods and pantry staples



Personal care - makeup, shampoo and deodorant



Home goods - clothing, cleaning products and shoes



And so much more!



MyHealth Rewards



For adults 18 and older

Rewards are earned once each year unless noted. Rewards earned in the current year expire mid-December of the next year.

WHAT REWARDS CAN I EARN?

Rewards for Expectant Moms

\$75	First prenatal visit. Earn once each pregnancy.
\$50	Fifth prenatal visit. Earn once each pregnancy.
\$50	12 th prenatal visit. Earn once each pregnancy.
\$60	Postpartum visit. Earn once each pregnancy. Complete within 7-84 days after delivery.

Rewards for Preventive Care

\$50	Annual physical exam.
\$25	Breast cancer screening (mammogram) for women ages 40-74.
\$20	Bone density screening for women ages 65 and older.
\$40	Cervical cancer screening (Pap test) for women ages 21 to 64. Earn the reward once every three years.
\$25	Chlamydia screening for women ages 18-24.
\$10	Cholesterol exam for ages 20 and older. Earn the reward once every five years.
\$40	Dental exam. Earn \$20 two times each year.
\$100	Colorectal screening: Colonoscopy for ages 45 and older. Earn the reward once every 10 years.



Rewards for Preventive Care (continued)

\$75	Colorectal screening: Flexible sigmoidoscopy or Computed Tomography (CT) colonography for ages 45 and older. Earn the reward once every five years.
\$50	Colorectal screening: Fecal Immunochemical Test (FIT) DNA test for ages 45 and older. Earn the reward once every three years.
\$25	Colorectal screening: Fecal occult blood test for ages 45 and older. Earn the reward once each year.

Rewards for Immunizations

\$25	Annual flu shot.
\$10	Tetanus-Diphtheria-Pertussis (Tdap) vaccination. Earn the reward once every 10 years.
\$30	HPV vaccination for ages 18-26 years. You must complete the series of three shots to earn the reward.

Rewards for Chronic Care

\$75	Diabetes screening: Retinal eye exam, micro albumin, HbA1c. Must have a diabetes diagnosis and complete all three screenings to earn the reward.
-------------	--

Start Earning Rewards Today!

Questions?

Call Member Services at **1-800-488-0134** (TTY: 711).
We are here Monday through Friday, 7 a.m. to 8 p.m.

Rewards are subject to change. If you are no longer with CareSource, access to your rewards will be deactivated. Any unused rewards may no longer be available.



English: Get free help in your language with interpreters and other written materials. Get free aids and support if you have a disability. Call **1-800-488-0134** (TTY: 711).

Spanish: Obtenga ayuda gratuita en su idioma a través de intérpretes y otros materiales en formato escrito. Obtenga ayudas y apoyo gratuitos si tiene una discapacidad. Llame al **1-800-488-0134** (TTY: 711).

Haitian Creole: Jwenn èd gratis nan lang ou ak entèprèt ak lòt materyèl ki ekri. Jwenn èd ak sipò gratis si ou gen yon andikap. Rele **1-800-488-0134** (TTY: 711).

Ukrainian: Отримайте безкоштовну допомогу своєю мовою з перекладачами та іншими письмовими матеріалами. Отримайте безкоштовні засоби допомоги та підтримку, якщо Ви є особою з інвалідністю. Телефонуйте за номером **1-800-488-0134** (Для осіб з вадами слуху TTY: 711).

Nepali: तपाईंकाे भाषामा दोभाषे तथा अन्य लिखित सामग्रीहरू निःशुल्क प्राप्त गर्नुहोस्। तपाईंसँग असक्षमता छ भने निःशुल्क सहायताहरू तथा समर्थन प्राप्त गर्नुहोस्। **1-800-488-0134** (TTY: 711) मा फोन गर्नुहोस्।

Arabic: احصل على مساعدة مجانية بلغتك من خلال المترجمين الفوريين والمواد المكتوبة الأخرى. احصل على مساعدات مجانية ودعم مجاني إذا كنت تعاني من إعاقة. اتصل على الرقم **1-800-488-0134** (TTY: 711) "الهاتف النصي للصم وضعاف السمع: 711".

Somali: Ka hel caawimo bilaash ah luqadaada leh turjubaano iyo agab kale oo qoran. Hel gargaar iyo taageero bilaash ah haddii aad naafo tahay Wac **1-800-488-0134** (TTY: 711).