



## Primary Care Provider (PCP)

Used for common illnesses and advice. You will get most of your preventive care from your PCP. You should see your PCP the most often!



## Telehealth

Visit with a provider by phone or computer from wherever you are. Ask your providers if they offer telehealth. You can also talk to a doctor 24/7 through Teladoc. Call 1-800-835-2362 or visit [Teladoc.com/CareSource](https://www.teladoc.com/CareSource) to get started.



## Convenience Care Clinics

Used for common illnesses like coughs, colds, sore throats, and to get immunizations. They are found in many local drug and grocery stores.



## Community Behavioral Health Centers (CBHCs)

CBHCs provide health and social services for people living with mental health and/or substance use problems. CBHCs are often the first place people go to get help for behavioral health concerns.



## Urgent Care

Used to treat non-life threatening issues. When your provider is not available and your health issue cannot wait.



## Hospital Emergency Room

Use for life-threatening issues or emergencies. Call 911 or go to the nearest ER.