



ADMINISTRATIVE POLICY STATEMENT

Arkansas PASSE

Policy Name & Number	Date Effective
Experimental and Investigational Item or Service-AR PASSE-AD-0996	07/01/2023-10/31/2023
Policy Type	
ADMINISTRATIVE	

Administrative Policy Statement prepared by CareSource and its affiliates are derived from literature based on and supported by clinical guidelines, nationally recognized utilization and technology assessment guidelines, other medical management industry standards, and published MCO clinical policy guidelines. Medically necessary services include, but are not limited to, those health care services or supplies that are proper and necessary for the diagnosis or treatment of disease, illness, or injury and without which the patient can be expected to suffer prolonged, increased or new morbidity, impairment of function, dysfunction of a body organ or part, or significant pain and discomfort. These services meet the standards of good medical practice in the local area, are the lowest cost alternative, and are not provided mainly for the convenience of the member or provider. Medically necessary services also include those services defined in any Evidence of Coverage documents, Medical Policy Statements, Provider Manuals, Member Handbooks, and/or other policies and procedures.

Administrative Policy Statements prepared by CareSource and its affiliates do not ensure an authorization or payment of services. Please refer to the plan contract (often referred to as the Evidence of Coverage) for the service(s) referenced in the Administrative Policy Statement. If there is a conflict between the Administrative Policy Statement and the plan contract (i.e., Evidence of Coverage), then the plan contract (i.e., Evidence of Coverage) will be the controlling document used to make the determination.

According to the rules of Mental Health Parity Addiction Equity Act (MHPAEA), coverage for the diagnosis and treatment of a behavioral health disorder will not be subject to any limitations that are less favorable than the limitations that apply to medical conditions as covered under this policy.

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A. Subject

Experimental or Investigational Item or Service

B. Background

Experimental or Investigational items or services are not covered. This policy defines the medical review decision process around such treatment requests. CareSource members have the right to refuse or participate in experimental or investigational items or services.

C. Definitions

- **Experimental or Investigational Items or Services** - Medical, surgical, diagnostic, psychiatric, substance use disorders treatment or other health care services, technologies, equipment, supplies, treatments, procedures, therapies, biologics, drugs, or devices (each a “Health Care Item” or “Service”) that, at the time CareSource has made a determination regarding coverage in a particular case, are:
 - Not approved by the United States Food and Drug Administration (FDA) to be lawfully marketed for the proposed use,
 - Not identified in the American Hospital Formulary Service or the United States Pharmacopoeia Dispensing Information as appropriate for the proposed use,
 - Determined by the FDA to be contraindicated for the specific use,
 - Subject to review and approval by any institutional review board or other body serving a similar function for the proposed use, and such final approval has not been granted,
 - The subject of an ongoing clinical trial that meets the definition of a Phase 1, 2 or 3 clinical trial as set forth in the FDA regulations, regardless of whether the trial is actually subject to FDA oversight,
 - Provided as part of a clinical research protocol or clinical trial or is provided in any other manner that is intended to evaluate the safety, toxicity, or efficacy of the drug, biologic, device, diagnostic, product, equipment, procedure, treatment, service, or supply, or
 - Provided pursuant to informed consent documents that describe the drug, biologic, device, diagnostic, product, equipment, procedure, treatment, service, or supply as experimental or investigational, or otherwise indicate that the safety, toxicity, or efficacy of the drug, biologic, device, diagnostic, product, equipment, procedure, treatment, service, or supply is under evaluation.

Devices that are FDA approved under the Humanitarian Use Device exemption are not considered to be experimental or investigational.

Drugs used in Phase 4 trials may be covered if they are part of the formulary.

D. Policy

- I. Any health care item or service CareSource determines in its sole discretion to be experimental or investigational is not covered by CareSource.
- II. Any health care item or service not deemed experimental or investigational based on the criteria in Section C. may still be deemed experimental or investigational if it is

not supported by credible research that soundly demonstrates that such item or service will have a measurable and beneficial health outcome. In determining whether such health care item or service is experimental or investigational, CareSource, in its sole discretion, will consider the information and evidence from one or more of the sources in Section III below and assess whether:

- A. The scientific evidence is conclusory concerning the effect of the health care item or service on health outcomes,
 - B. The evidence demonstrates the health care item or service improves net health outcomes of the total population for whom the item or service might be proposed by producing beneficial effects that outweigh any harmful effects,
 - C. The evidence demonstrates the health care item or service has been shown to be as beneficial for the total population for whom the service might be proposed as any established alternatives, and
 - D. The evidence demonstrates the health care item or service has been shown to improve the net health outcomes of the total population for whom the service might be proposed under the usual conditions of medical practice outside clinical investigatory settings.
- III. When reviewing requests, CareSource will consider information and evidence from the following non-exhaustive list:
- A. Published authoritative, peer-reviewed medical or scientific literature, or the absence thereof,
 - B. Evaluations of national medical associations, consensus panels, and other technology evaluation bodies,
 - C. Documents issued by and/or filed with the FDA or other federal, state or local agency with the authority to approve, regulate, or investigate the use of the drug, biologic, device, diagnostic, product, equipment, procedure, treatment, service, or supply,
 - D. Documents of an institutional review board or other similar body performing substantially the same function,
 - E. Consent document(s) and/or the written protocol(s) used by providers studying substantially the same drug, biologic, device, diagnostic, product, equipment, procedure, treatment, service, or supply,
 - F. Medical records, or
 - G. The opinions of consulting providers and other experts in the field.
- E. Conditions of Coverage
NA
- F. Related Policies/Rules
Clinical Trial Coverage
Medical Necessity Determinations policy

G. Review/Revision History

DATES		ACTION
Date Issued	03/03/2021	
Date Revised	03/30/2022 03/29/2023	No changes; updated references Added Phase 4 drug exception to Definitions and Clinical Trial Coverage policy to sec. F; updated references. Approved at committee.
Date Effective	07/01/2023	
Date Archived	10/31/2023	This Policy is no longer active and has been archived. Please note that there could be other Policies that may have some of the same rules incorporated and CareSource reserves the right to follow CMS/State/NCCI guidelines without a formal documented Policy.

H. References

1. Department of Health and Human Services Centers for Medicare & Medicaid Services. (2015, January 1). Medicare Coverage of Items and Services in Category A and B Investigational Device Exemption (IDE) Studies MLN Matters MM8921. Retrieved February 24, 2023 from www.cms.gov.
2. ECFR. (n.d.). E-CFR Title 21 Part 312.21 Phases of an investigation. Retrieved February 24, 2023 from www.ecfr.gov.
3. ECFR. (2019, June 21). E-CFR Title 21 Part 812 Investigational Device Exemptions. Retrieved February 24, 2023 from www.ecfr.gov.
4. ECFR. (2019, June 21). E-CFR Title 21 Part 814 Premarket Approval of Medical Devices. Retrieved February 24, 2023 from www.ecfr.gov.
5. ECFR. (2019, June 21). E-CFR Title 21 Part 600 Biological Products. Retrieved February 24, 2023 from www.ecfr.gov.
6. ECFR. (2019, June 21). E-CFR Title 42 Part 405 Subpart B Medical Services Coverage Decisions That Relate to Health Care Technology Authority. Retrieved February 24, 2023 from www.ecfr.gov.
7. ECFR. (n.d.) 42 CFR Part 456 – Utilization Control. Retrieved February 24, 2023 from www.ecfr.gov.
8. ECFR. (2019, April 16). 42 CFR § 438.210 Coverage and authorization of services. Retrieved February 24, 2023 from www.ecfr.gov.