



ADMINISTRATIVE POLICY STATEMENT

Arkansas PASSE

| Policy Name & Number | Date Effective |
|--|----------------|
| Behavioral Health Service Record Documentation Standards AR PASSE-AD-1097 | 08/01/2023 |
| Policy Type | |
| ADMINISTRATIVE | |

Administrative Policy Statement prepared by CareSource and its affiliates are derived from literature based on and supported by clinical guidelines, nationally recognized utilization and technology assessment guidelines, other medical management industry standards, and published MCO clinical policy guidelines. Medically necessary services include, but are not limited to, those health care services or supplies that are proper and necessary for the diagnosis or treatment of disease, illness, or injury and without which the patient can be expected to suffer prolonged, increased or new morbidity, impairment of function, dysfunction of a body organ or part, or significant pain and discomfort. These services meet the standards of good medical practice in the local area, are the lowest cost alternative, and are not provided mainly for the convenience of the member or provider. Medically necessary services also include those services defined in any Evidence of Coverage documents, Medical Policy Statements, Provider Manuals, Member Handbooks, and/or other policies and procedures.

Administrative Policy Statements prepared by CareSource and its affiliates do not ensure an authorization or payment of services. Please refer to the plan contract (often referred to as the Evidence of Coverage) for the service(s) referenced in the Administrative Policy Statement. If there is a conflict between the Administrative Policy Statement and the plan contract (i.e., Evidence of Coverage), then the plan contract (i.e., Evidence of Coverage) will be the controlling document used to make the determination.

According to the rules of Mental Health Parity Addiction Equity Act (MHPAEA), coverage for the diagnosis and treatment of a behavioral health disorder will not be subject to any limitations that are less favorable than the limitations that apply to medical conditions as covered under this policy.

Table of Contents

| | | |
|----|-------------------------------|----|
| A. | Subject | 2 |
| B. | Background | 2 |
| C. | Definitions | 2 |
| D. | Policy | 2 |
| E. | Conditions of Coverage | 10 |
| F. | Related Policies/Rules | 10 |
| G. | Review/Revision History | 10 |
| H. | References | 11 |

A. Subject

Behavioral Health Service Documentation Standards

B. Background

Medical record documentation is a fundamental element required to support medical necessity and is the foundation for coding and billing. Documentation relays important information, such as but not limited to assessments completed, services provided, coordination of services, timeliness of care, plan of care/treatment, rationale for orders, health risk factors, member's progress towards goals of the treatment plan, and response to treatment.

C. Definitions

- **Behavioral Health** - An umbrella term that includes mental health, substance use disorder conditions, and developmental disabilities/delays, such as autism.
- **Medical Necessity** - All Medicaid benefits are based upon medical necessity or the National Council for the Social Studies (NCSS). A service is "medically necessary" if it is reasonably calculated to prevent, diagnose, correct, cure, alleviate, or prevent the worsening of conditions that endanger life, cause suffering or pain, result in illness or injury, threaten to cause or aggravate a handicap or cause physical deformity or malfunction and if there is no other equally effective (although more conservative or less costly) course of treatment available or suitable for the beneficiary requesting the service. For this purpose, a "course of treatment" may include mere observation or, where appropriate, no treatment at all. The determination of medical necessity may be made by the Medical Director or by the Medicaid Program Quality Improvement Organization (QIO). Coverage may be denied if a service is not medically necessary in accordance with the preceding criteria or is generally regarded by the medical profession as experimental, inappropriate, or ineffective unless objective clinical evidence demonstrates circumstances making the service necessary.
- **General Supervision** - The supervisor must be available by telephone to provide assistance and direction, if needed.
- **Direct Supervision** - The supervisor must be "immediately available" and "interruptible" to provide assistance and direction throughout the performance of the procedure; however, he or she does not need to be present in the room when the procedure is performed.
- **A Valid Signature for Services Provided or Ordered** -
 - May be handwritten or electronic;
 - CMS permits stamped signatures if the provider has a physical disability and can prove to a CMS contractor an inability to sign due to that disability; and
 - Is legible or can be validated by comparing to a signature log or attestation statement.

D. Policy

I. Member Record Documentation

The ADMINISTRATIVE Policy Statement detailed above has received due consideration as defined in the ADMINISTRATIVE Policy Statement Policy and is approved.

- A. General Requirements
 - 1. Each member has his/her own medical record.
 - 2. Documentation must be legible.
 - 3. Each page of the record must include the member's name and date of service.
 - 4. Multiple pages must be numbered.
 - 5. Documentation must include the following:
 - a. Diagnosis
 - b. Signature, date, and credentials of practitioner.
 - 6. Documentation must indicate that the services(s) billed were the services provided.
 - a. If service is based on a timed service, the total number of timed minutes and/or start and stop time with service codes/type of treatment is documented.
 - b. If service is based on a group of members, the following is included:
 - 01. Documentation to support that the member was present at each session. If member is not present for the duration of the session, document start and stop time for the member.
 - 02. Relationships/name/credentials of other professionals present at each session.
 - 03. Number of participants in group therapy/treatment.
 - c. Service Code/Modifiers codes are appropriate for service and provider.
 - d. Documentation must reflect the location of service using the appropriate place of service code and/or, if rendered via tele-health, the location of the member and the location of the provider, as well as the modality of tele-health used to render the service.
 - 7. Content of documentation must indicate the specific needs, interventions, and progress toward the goals of the treatment plan for each service rendered. Duplication of notes is not acceptable documentation practice.
 - 8. Documentation must reflect medical necessity for payment of services provided and the specific needs/desires of the member that are reflected in the treatment plan.
 - 9. Changes to documentation
 - a. Electronic Medical Record Changes
 - 01. Amendment, correction, or delayed entry is identified; and
 - 02. A reliable way to identify the original content, the modified content, and the date and person modifying the record is provided.
 - b. Paper Medical Record Changes:
 - 01. Change is clearly visible;
 - 02. White out is not utilized; and
 - 03. A single line is through an entry labeled with error, initialed, and dated.
- B. Consents
 - 1. Are maintained in the medical record.
 - a. Consent includes:

01. Consent to treatment, refusal to consent, or withdrawal of consent;
and/or
 02. Authorization for release of information; and
 03. Signature and date.
- C. Referral Documentation
1. Supports rationale for referral that includes who and what specialty member is referred to; and
 2. Demonstrates evidence of:
 - a. Coordination of referrals to specialty practitioners; and
 - b. Physician review of or documentation of collaboration notes.
- D. Laboratory Testing Documentation
1. Documentation supports rationale for test;
 2. An order for the test is present;
 3. How test results will guide treatment plan is evident;
 4. Evidence of physician review of results; and
 5. Evidence of appropriate timely follow up on test results with member.
- E. Preventive Care Documentation includes the following when appropriate:
1. Evidence that preventive screenings/services were discussed, or referral placed;
 2. Risk assessments are completed (i.e., substance use, suicide, depression);
and
 3. Crisis/safety plan.
- F. A PCP referral is not required for a member to receive behavioral health services.
- II. Service Specific Documentation Expectations
- A. Diagnostic assessment documentation must include the following:
1. Presenting problem and/or history of present illness
 - a. Current symptoms
 - b. Changes in functional impairment or symptoms
 - c. Onset of symptoms
 - d. Circumstances leading to evaluation;
 2. Evaluation of comorbid physical health concerns/needs;
 3. Strengths-based assessment of member, where applicable;
 4. Identification of natural, community, and professional supports, where applicable;
 5. Evaluation of social determinant of health concerns/needs, where applicable;
 6. Substance use history;
 7. Past psychiatric/behavioral health treatment, including past psychiatric medications;
 8. Medical history;
 9. Past family and social history (PFSH);
 10. Review of organ systems/body areas depending upon the level of the examination performed and coded, where applicable;
 11. Current physical and behavioral health medications, including changes and prn medication utilization;

The ADMINISTRATIVE Policy Statement detailed above has received due consideration as defined in the ADMINISTRATIVE Policy Statement Policy and is approved.

12. Allergies;
13. Standardized assessment tools/diagnostic testing, results, and interpretation (i.e. Clinical Institute Withdrawal Assessment or Alcohol (CIWA), Clinical Opioid Withdrawal Scale (COWS), Autism Diagnostic Observation Schedule (ADOS), Patient Health Questionnaire (PHQ), Columbia Suicide Severity Rating Scale (CSSRS) or Vanderbilt Diagnostic Rating Scales), if pertinent
14. Psychiatric assessment and mental status exam that includes, but is not limited to, the following:
 - a. Description of patient's judgment and insight;
 - b. Assessment of mental status including orientation to time, place, and person; recent and remote memory; and mood and affect (i.e. depression, anxiety, agitation);
 - c. Constitutional including vital signs and general appearance;
 - d. Attitudes and behavior described;
 - e. Estimated intellectual and memory functioning and orientation; and
15. Summary, diagnosis, and plan.
16. A Mental Health Evaluation/Diagnosis should be completed by a mental health professional that is appropriately licensed in the state of Arkansas (MHP) (i.e., LCSW, LPC, LPE).
17. A Psychiatric Diagnostic Assessment (PDA) completed by a licensed Physician or APRN is not required unless deemed medically necessary after the Mental Health Evaluation/Diagnosis is completed.
18. If a PDA was completed on the member within the last 6 months, there is not a need to repeat this evaluation unless there was a change in member functioning.

NOTE: Significant or abnormal findings need to be described in a narrative format.

- B. Treatment plan documentation must include all of the following:
 1. Type, amount, frequency, and duration of any and all needed/known treatment services;
 2. Provider of any and all needed/known treatment services;
 3. Goals for any and all needed/known treatment services. Goals must be
 - a. Mutually agreed upon;
 - b. Age-appropriate;
 - c. Quantifiable with target dates;
 - d. Measurable with criteria for continued stay;
 - e. Directly related to the admission reason if applicable; and
 - f. Relevant to the diagnostic assessment, testing, and/or screening;
 4. Interventions to be used;
 5. Frequency of review of the treatment plan. Frequency of review must be appropriate for the identified needs of the member and progress towards the associated goals;

6. Documentation that the treatment plan has been reviewed with the patient and, as appropriate, with family members, parents, legal guardians, custodians, or significant others.

NOTE: If the member is unable to or refuses to participate in the treatment planning or services, document reason given.

7. Estimated length of stay and/or course of treatment for any and/all treatments;
 8. Criteria for discharge from treatment and completion of the treatment plan;
 9. Applied Behavior Analysis (ABA) treatment plans must:
 - a. Show a clear connection between the results of the behavioral assessment to the member specific goals. The goals must focus on identified areas of specific behaviors or targeted deficits. The goals must include baseline data, measurement, and mastery criteria to address the core deficits of Autism Spectrum Disorder (ASD); and
 - b. Be based on member's other daily activities.
 - c. Should be signed by the Mental Health Professional that is directing treatment but does not have to be signed by a licensed Physician.
 - d. Should be completed within 14 business days of the Mental Health Evaluation/Diagnosis being completed.
 - e. Should be periodically reviewed with the member and treatment team:
 - when there is a significant change in member functioning
 - no less than 6 months from last review
- C. Inpatient/Outpatient psychiatric progress note includes the following as applicable:
1. Per service code guidelines, documentation supports the specific requirements based on the level of service billed.
 2. Daily psychiatric inpatient progress note includes the following as applicable:
 - a. Summary of what has occurred since previous day and current symptoms;
 - b. Review of response to medications/side effects and prn utilization
 - c. Mental Status Exam, include, but is not limited to:
 01. Description of patient's judgment and insight;
 02. Assessment of mental status including orientation to time, place, and person; recent and remote memory; and mood and affect (i.e. depression, anxiety, agitation);
 03. Constitutional including vital signs and general appearance;
 04. Attitudes and behavior described;
 05. Estimated intellectual and memory functioning and orientation.
 - d. Rationale for changes in medications or other interventions is clearly documented;
 - e. Reason for continued stay.
 3. Outpatient psychiatric progress note includes:
 - a. Symptoms since last visit and current symptoms
 - b. Changes in family, social or medical history

- c. Mental Status Exam, include, but is not limited to:
 - 01. Description of patient's judgment and insight;
 - 02. Assessment of mental status including orientation to time, place, and person; recent and remote memory; and mood and affect (i.e., depression, anxiety, agitation);
 - 03. Constitutional including vital signs and general appearance;
 - 04. Attitudes and behavior described;
 - 05. Estimated intellectual and memory functioning and orientation;
 - d. Rationale for changes in medications or other interventions is clearly documented.
4. Best practice standards require progress notes to be written within 24 hours of the clinical or therapeutic activity and signed and dated within 14 days.
5. Interactive Complexity documentation must include:
- a. Evidence of communication factors that complicate the delivery of a behavioral health service during the delivery of the service. This may include:
 - 01. The need to manage maladaptive communication (related to, e.g., high anxiety, high reactivity, repeated questions, or disagreement) among participants that complicates delivery of care;
 - 02. Caregiver emotions or behaviors that interfere with implementation of the treatment plan;
 - 03. Evidence or disclosure of a sentinel event and mandated report to a third party (e.g., abuse or neglect with report to state agency) with initiation of discussion of the sentinel event and/or report with patient and other visit participants;
 - 04. Use of play equipment, physical devices, interpreter, or translator to overcome barriers to diagnostic or therapeutic interaction with a patient who is not fluent in the same language or who has not developed or lost expressive or receptive language skills to use or understand typical language. This does not include billing solely for the purpose of translation or interpretation services;
 - b. Evidence of interactions with others or interventions to overcome communication factors that complicate the delivery of a behavioral service during the delivery of the services. This may include:
 - 01. Interactions with individuals legally responsible for the care of a member, such as minors or adults with guardians;
 - 02. Interactions with others involved with the care of a member during the service, such as adults accompanied by one or more participating family members or interpreter or language translator. This does not include billing solely for the purpose of translation or interpretation services;
 - 03. Interactions other third parties, such as child welfare agencies, parole or probation officers, or schools.
- D. Discharge plan documentation must include the following:

1. A discharge planning evaluation including, but not limited to assessment of the following:
 - a. Treatment regimen was established; services including addressing rehabilitation needs;
 - b. Connections were made with appropriate outpatient behavioral health resources, including community behavioral health resources;
 - c. Scheduled follow-up appointments within 7-calendar days of discharge, and/or coordinating transportation to follow-up appointments;
 - d. Medication reconciliation occurred and prescriptions related to treatment regimen were available at discharge and/or
 - e. Two weeks' worth of medication was provided to the member at the time of discharge and/or
 - f. Transportation to the pharmacy was scheduled;
 - g. Availability of appropriate services which would include services such as medical, meals, and household services;
 - h. Need for and feasibility of specialized medical equipment, or permanent physical modifications to the home;
 - i. Capacity for self-care, or alternatively to be cared for by others
 - j. Criticality of the appropriate services;
 - k. Readmission risk score or severity score; and
 - l. Member's access to appropriate services.
2. A provider should review of social determinants of health (SDoH) when determining if member is ready for discharge including, but not limited to:
 - a. Cognitive status;
 - b. Activity level and functional status;
 - c. Current home and suitability for member's condition (i.e. drug free environment);
 - d. Availability of appropriate family or community support;
 - e. Ability to obtain medications and services;
 - f. Ability to meet nutritional needs
 - g. Potential barriers to care, such as homelessness and telephone availability;
 - h. Availability of transportation for follow up care; and
 - i. Availability of community services.
3. Documentation should support the following discharge standards:
 - a. A discharge plan that includes the provider(s) responsible for follow up care (the discharge planning evaluation should be used as a guide in the development of the discharge plan);
 - b. All necessary medical and behavioral health information pertinent to illness and treatment, post-discharge goals of care was provided to the appropriate post-acute care service providers at the time of discharge;
 - c. Coordination and/or referrals with the CareSource case manager, community agencies, and providers responsible for follow up care;
 - d. Completion of medication reconciliation/management;
 - e. Needed DME and supplies are in place prior to discharge;

- f. Scheduled appointments are listed with dates, times, names, telephone numbers and addresses (mental health practitioner follow-up is recommended within 7 days of discharge for members with a mental illness);
- g. Crisis plan and notation that copy was provided to caregiver; and
- h. Member/guardian and family engagement as needed.

III. Supervision Documentation

A. General supervision documentation must include:

- 1. Dates of supervision;
- 2. Start and end times;
- 3. Member identifying information;
- 4. Purpose of supervision;
- 5. Outcome of supervision, including any modification to treatment interventions and/or treatment plan;
- 6. Name/credentials of the supervisor and, if documenting for billing purposes, the National Provider Identifier number of the supervisor;
- 7. Type of supervision: general or direct;
- 8. Validation that supervision was rendered within the scope of the license/certification of the supervisor/supervisee
- 9. Date and signature of supervisor/supervisee, including credentials

B. ABA Supervision documentation must include:

- 1. Dates of supervision visit;
- 2. Start and end times of visit;
- 3. Names of individuals present at each session. If individual is not present for the duration of the visit, document start and stop time for that individual;
- 4. Relationships/credentials of individuals present at each session;
- 5. Review of services provided (number and type);
- 6. Review of data that will form the basis of a continued treatment plan;
- 7. Review of progress;
- 8. Results of monitoring tools to note progress;
- 9. Changes to treatment plan;
- 10. Collaboration of care among providers; and
- 11. Date, signature, and credentials of treating provider.

IV. Falsified Documentation

A. Providers are reminded that deliberate falsification of medical records is a felony offense and is viewed seriously when encountered. Examples of falsifying records include:

- 1. Creation of new records when records are requested;
- 2. Back-dating entries;
- 3. Post-dated entries;
- 4. Writing over, or
- 5. Adding to existing documentation (except where described in amendments, late entries, or corrections).

- B. Corrections to the medical record legally amended prior to claims submission and/or medical review will be considered in determining the validity of services billed. If these changes appear in the record following payment determination based on medical review, only the original record will be reviewed in determining payment of services billed.
- C. Appeal of claims denied on the basis of an incomplete record may result in a reversal of the original denial if the information supplied includes pages or components that were part of the original medical record but were not submitted on the initial review.

E. Conditions of Coverage

Nonmedical Community Supports and Services (NCSS)

Nonmedical community supports and services (NCSS) are available under federal authority in sections 1905, 1915(c), and/or 1915(i) and included in the PASSE program created under Arkansas Act 775. NCSS are provided with the intention to prevent or delay entry into an institutional setting or to assist or prepare an individual to leave an institutional setting, meaning the service should assist the individual to live safely and successfully in his/her own home or in the community. NCSS must be rooted in specific member needs found identified through their Independent Assessment leading to placement in the PASSE and included within their individually created Person-Centered Service Plan (PCSP). NCSS should be reviewed and updated regularly through the care coordination and PCSP process. NCSS are not medical in nature but instead support pursuit of safe independent living and member goals clearly established in the member's PCSP.

F. Related Policies/Rules

Medical Record Documentation Standards for Practitioners

G. Review/Revision History

| DATES | | ACTION |
|-----------------------|------------|---|
| Date Issued | 04/28/2021 | New Policy |
| Date Revised | 07/06/2022 | AR PASSE additions in D.I.F PCP referral is not required for BH services; Removed Master Treatment Plan (MTP); Added section II.A. 16-18 re. Diagnosis; added section II.B 9 Sec. c-e re: signature by the Mental Health Professional directing treatment and period review; Added Non-Medical Community Supports and Services Statement; updated references. |
| | 05/10/2023 | Added sec. II.C.4 on signed and dated progress notes. Updated references. Approved at committee |
| Date Effective | 08/01/2023 | |
| Date Archived | | |

The ADMINISTRATIVE Policy Statement detailed above has received due consideration as defined in the ADMINISTRATIVE Policy Statement Policy and is approved.

H. References

1. Alper, E, O'Malley, T, & Greenwald, J. (2020, July 16). Hospital discharge and readmission. Retrieved April 12, 2022 from www.uptodate.com
2. American Psychiatric Association. Clinical Documentation. Retrieved April 19, 2023 from [/www.psychiatry.org](http://www.psychiatry.org).
3. Arkansas Medicaid Manual. Section II. Inpatient Psychiatric Services for under Age 21. Sec. 204.100. Documentation. Retrieved April 19, 2023 from www.mmis.arkansas.gov.
4. Arkansas Medicaid Manual. Section II. Outpatient Behavioral Health Services. Sec.226.100. Documentation. Retrieved April 19, 2023 from www.mmis.arkansas.gov.
5. Bajorek, S. & McElroy, V. (2020, March 25). Patient Safety Primer. Discharge Planning and Transitions of Care. Retrieved April 19, 2023 from www.psnet.ahrq.gov.
6. The Behavior Analyst Certification Board. (2020, November). *RBT Supervision and Supervisor Requirements*. Registered Behavior Technician Handbook. Retrieved April 19, 2023 from www.bacb.com.
7. Centers for Medicare & Medicaid Services. (1997). *Documentation Guidelines for Evaluation and Management Services*. Retrieved April 19, 2023 from www.cms.gov.
8. Centers for Medicare & Medicaid Services. (2015, December). *Electronic Health Records Provider*. Retrieved April 19, 2023 from www.cms.gov.
9. Centers for Medicare & Medicaid Services. (2012, December 7). *Pub 10-08 Medicare Program Integrity Transmittal 442*. Retrieved April 19, 2023 from www.cms.gov.
10. Centers for Medicare & Medicaid Services. (2017, August). *Evaluation and Management Services. Medicare Learning Network ICN 006764*. Retrieved April 19, 2023 from www.cms.gov.
11. Centers for Medicare & Medicaid Services. (2018, May). *Complying with Medicare Signature Requirements Medicare Learning Network ICN 905364*. Retrieved April 19, 2023 from www.cms.gov.
12. Centers for Medicare & Medicaid Services. (2020, April 6). *Local Determination Article: Standard Documentation Requirement for All Claims Submitted to DME MACs (A55426)*. Retrieved April 19, 2023 from www.cms.gov.
13. Centers for Medicare & Medicaid Services. (2020 June 15). *Medicaid Documentation for Behavioral Health Practitioners*. Retrieved April 19, 2023 from www.cms.gov.
14. Center for Medicare & Medicaid Services. *MLN Matters Number: MM3389*. (2004, July 30). Retrieved April 19, 2023 from www.cms.gov.
15. Centers or Medicare & Medicaid Services. (2013, May 17). *Revision to State Operations Manual (SOM), Hospital Appendix A – Interpretive Guidelines for 42 CFR 482.43, Discharge Planning*. Retrieved April 19, 2023 from www.cms.gov.
16. Centers for Medicare & Medicaid Services. (2020, January). *Medical Mental Health*. Retrieved April 19, 2023 from www.cms.gov.
17. The Council of Autism Service Providers. (2020). *Applied Behavior Analysis Treatment of Autism Spectrum Disorder: Practice Guidelines for Healthcare Funders and Managers*. Retrieved April 19, 2023 from www.casproviders.org

The ADMINISTRATIVE Policy Statement detailed above has received due consideration as defined in the ADMINISTRATIVE Policy Statement Policy and is approved.

18. Medicaid. (n.d.) Follow-Up After Hospitalization for Mental Illness: Ages 18 and Older. Retrieved April 19, 2023 from www.medicaid.gov.
19. National Quality Forum. (2010 update). Safe Practices for Better Healthcare – 2010 update Consensus Report. Retrieved April 19, 2023 from www.qualityforum.org
20. National Transitions of Care Coalition. (n.d.). The NTOCC 7-Essential Elements. Retrieved April 19, 2023 from www.ntocc.org
21. United States Code of Regulations. (2019, November 8). § 410.38 *Durable medical equipment, prosthetics, orthotics and supplies (DMEPOS): Scope and conditions*. Retrieved April 19, 2023 from www.ecfr.gov.
22. United States Code of Regulations. (1993, June 30). §414.224 *Customized items*. Retrieved April 19, 2023 from www.ecfr.gov.
23. Patient Safety Network. (2019, September 7). Patient Safety Primer. Readmissions and Adverse Events After Discharge. Retrieved April 19, 2023 from www.psnet.ahrq.gov.
24. U.S. Code of Federal Regulation. (2019, September 30). § 482.43 Condition of participation: Discharge planning. Retrieved April 19, 2023 from www.govregs.com.