# Ohio Medicaid, Medicare Advantage and Marketplace Plans **Policy Updates** November 2018

• Medical

The following policies are effective November 1, 2018





# AT CARESOURCE, WE LISTEN TO OUR PROVIDERS, AND WE STREAMLINE OUR BUSINESS PRACTICES TO MAKE IT EASIER FOR YOU TO WORK WITH US.

We have worked to create a predictable cycle for releasing administrative, medical and reimbursement policies, so you know what to expect.

Check back each month for a consolidated network notification of policy updates from CareSource.

#### HOW TO USE THIS NETWORK NOTIFICATION

- Reference the list of policy updates.
- Note the effective date and impacted plans for each policy.
- Click the hyperlinked policy title to open the webpage with the full policy.

#### FIND OUR POLICIES ONLINE

To access all CareSource policies, visit **CareSource.com** and click "Health Partner Policies" under Provider Resources. Select the type of policy and the CareSource plan to access current policies. Each policy page has an archive where you can find previous versions of policies.



## **POLICY UPDATES**

POLICY NAME & NUMBER	POLICY TYPE	EFFECTIVE DATE	PLAN	SUMMARY
Lipid Testing in Assessing Cardiovascular (CV) Risk – OH MCD MM-0012	MEDICAL	NOVEMBER 1, 2018	MEDICAID	Cardiovascular disease (CVD) is one of the leading causes of morbidity and mortality in the United States. Approximately 630,000 people die from heart disease each year. Vascular disease is the major contributor to CVD events. Risk factors include: age, race, gender, family history of heart disease, high blood pressure, diabetes and prediabetes, elevated LDL, decreased HDL, chronic kidney disease, overweight and obesity, smoking, substance abuse, lack of physical activity, unhealthy diet and stress. Heart disease risks increase with age, and men have a higher risk than pre- menopausal women. However, the risk for women increases and becomes closer to the risk for men after menopause. Additionally, specific racial groups, including African Americans, Mexican Americans, American Indians, Hawaiians and some Asian Americans, are at a higher risk. CareSource has developed a new medical policy for transcranial magnetic stimulation that allows for approval for patients with severe depressive disorder. CareSource requires that authorization be obtained based on the criteria that is outlined in the medical policy. At this time, CareSource will only approve this procedure for patients with treatment resistant severe depressive disorder along with the additional criteria needing to be met that are outlined in the medical policy.
<u>Transcranial Magnetic</u> Stimulation – OH MCD MM- 0233	MEDICAL	NOVEMBER 1, 2018	MEDICAID	
Transcranial Magnetic Stimulation – OH MCR MM- 0234	MEDICAL	NOVEMBER 1, 2018	MEDICARE	
Transcranial Magnetic Stimulation – OH MPP MM– 0235	MEDICAL	NOVEMBER 1, 2018	MARKETPLACE PLANS	



## **POLICY UPDATES**

POLICY NAME & NUMBER	POLICY TYPE	EFFECTIVE DATE	PLAN	SUMMARY
Breast Reduction Surgery – OH MCD MM–0020	MEDICAL	NOVEMBER 1, 2018	MEDICAID	CareSource has developed a new medical policy for breast reduction surgery for medically necessary reasons only. CareSource requires that several criteria be met and a physical exam and radiology imaging (depending on age) be completed on the patient prior to approval. CareSource will not approve for cosmetic indications.
Breast Reduction Surgery – OH MPP MM–0251	MEDICAL	NOVEMBER 1, 2018	MARKETPLACE PLANS	