



Question, Persuade, Refer

QPR Suicide Prevention: It's What People Do

Like CPR, QPR is an emergency response to someone in a suicide crisis. Also, like CPR in the Chain of Survival from a life-threatening medical crisis, early recognition of warning signs, early intervention and early professional assessment and care can save lives.

The QPR Institute

Our mission is to save lives and reduce suicidal behaviors by providing innovative, practical and proven suicide prevention training.

Our Training Programs are:

- Easily accessible (onsite, self-study, online)
- Innovative and low-cost
- Practical and cost-effective
- Recognized for continuing education credits
- Listed in the National Registry of Evidence-Based Practices and Programs (NREPP)

QPR Assessment Tools are:

- User-friendly
- Comprehensive
- Award-winning
- Registered “best practices”

QPR Institute Authors and Faculty are:

- Experts in their fields
- Experienced instructors
- Upbeat, positive and engaging
- Committed to making a difference

Available Trainings

QPR Gatekeeper Training

This heavily researched 60 minute to 2-hour training is for the general public and teaches participants the warning signs for suicide and the three-step QPR method. It is available in classroom settings from qualified instructors or online.

Online QPR Gatekeeper Training

This self-paced, multimedia blend of video, text and voice lecture, which is also accessible, affordable and available on a PC or mobile device, uses interactive e-learning technologies to teach anyone how to prevent suicide.

QPR Certified Gatekeeper Instructor's Course

More than 18,000 people have been trained and certified as QPR Certified Gatekeeper Instructors in the United States and abroad. You don't need to be a professional to teach QPR and make a difference in your community. Instructor training is available online outside of the United States.

QPR Suicide Triage Training

A professional training program that includes an overview of the detection, initial assessment, risk mitigation and referral of potentially suicidal persons to clinical providers.

QPR Suicide Risk Assessment and Management

A registered, best practice professional training program in the detection, assessment and management of suicidal consumers.

Advanced and Professional Online Training

The QPR Institute offers a wide range of customized, peer-reviewed and advanced training programs for a variety of professions. Each course has undergone external review and approval by those professionals for whom the training is intended.

Many of the courses include the QPR Gatekeeper Training, which has now been taken by more than 2.5 millions people worldwide.

Specialized training is available for:

- Mental Health Professionals
- Crisis Workers and Volunteers
- EMS and Firefighters
- Nurses
- Physicians and Physician Assistants
- Occupational Therapists
- Allied Health Professionals
- Clergy
- Sports Coaches and Staff
- Law Enforcement
- Corrections Professionals
- Veterans and those who work with them
- School Health Professionals
- Chemical Dependency Counselors
- Therapists who counsel suicidal people
- Therapists who work only online
- Suicide Screening
- Alcohol and Drug Counselors
- Ethics and Suicide

Contact Information

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Would you give an hour to save a life?