

Rewards on Your Road to Recovery





Good health includes the whole person, body and mind

Since getting and staying healthy can be a challenge, CareSource will reward you for taking steps to improve your health. If you are a HIP Member who is treated for Substance Use Disorder (SUD) through attending Intensive Outpatient Programs (IOP), you can earn rewards!

- 1 Receive a \$10 reward for each in-network IOP session up to \$100.*
- (2) Track your rewards in your MyCareSource[®] account. Go to your MyCareSource account, click on the MyHealth icon under My Plan. If you do not have a MyCareSource account, visit My.CareSource.com to register for one. Your rewards are added to your MyHealth Rewards account after CareSource gets the claim for each of your IOP sessions.
- (3) Use your rewards to get gift cards to a variety of retailers, including TJ Maxx[®], Home Goods[®], Old Navy[®], Panera[®], iTunes[®], and more. You can also save rewards since they add up over time.



How to Earn Rewards

Rewards can be earned when you take preventive care steps. Earn up to \$300 per year when you complete eligible activities such as physical exams, dental exams, flu shots, and more. If you have a chronic condition, you can earn more rewards.

You can find all rewards you are eligible to earn in MyHealth. If you have questions about MyHealth Rewards, call Member Services at **1-844-607-2829** (TTY: 1-800-743-3333 or 711).



IOP Rewards

Earn up to \$100 by attending approved IOP sessions*. IOP Groups are part of the total \$300 that can be earned across all incentive programs.

To earn rewards for attending SUD IOP sessions, an SUD diagnosis must be part of your health record.

Care Management Rewards

CareSource has a Care Management department that is able to provide education, support and information regarding your health needs, as well as the benefits of the rewards program. Participate in the CareSource Care Management program to earn up to \$60 per year as part of the total \$300 that can be earned across all incentive programs. Call 1-844-607-2831 to enroll today!



Earn up to **\$30**

Complete your Health Needs Screening (HNS)**

- Sign on to MyCareSource, click the Health tab, then click on the health assessment link.
- Visit the Pursuant Health kiosk in the pharmacy of your local Walmart[®].
- Over the phone by calling 1-833-230-2011.
- Or fill out the hard copy HNS included in your new member mailing.



Need Addiction Help Now?

Call the CareSource Addiction Hotline: 1-833-674-6437 for help in finding a substance use specialist. You don't need a doctor's referral for outpatient treatment. CareSource wants to get you on the path to recovery.

Are you having a crisis? Call 9-8-8, which is the national suicide prevention and mental health crisis hotline to reach a crisis counselor. You can call 24 hours a day, 7 days a week. You may also call the BH Crisis line at 1-833-227-3464 or (TTY: 1-800-743-3333 or 711) and speak to a licensed professional with behavioral health training. We are here to help you when you are going through a mental health or substance use crisis.

Please note:

*\$10 per IOP Group attended that can total up to \$100 per calendar year. Rewards based on claims are recorded once claims are submitted by providers and processed by CareSource. It can sometimes take up to four weeks to show rewards for these activities in your account.

** To earn \$30 for completing the HNS, you must complete it within 90 days of becoming a new CareSource member.