



## MEDICAL POLICY STATEMENT

Original Effective Date	Next Annual Review Date	Last Review / Revision Date
02/22/2011	02/22/2016	8/25/2015
Policy Name	Policy Number	
Inflammatory Bowel Disease: Biological Therapies	SRx-0041	

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For Medicare plans please reference the below link to search for Applicable National Coverage Descriptions (NCD) and Local Coverage Descriptions (LCD):

### A. SUBJECT

#### Inflammatory Bowel Disease: Biological Therapies

- Tumor Necrosis Factor Inhibitor
  - Adalimumab (Humira)
  - Certolizumab pegol (Cimzia)
  - Golimumab (Simponi and Simponi Aria™)
  - Infliximab (Remicade)
- Integrin receptor antagonist
  - Vedolizumab (Entyvio)
  - Natalizumab (Tysabri)

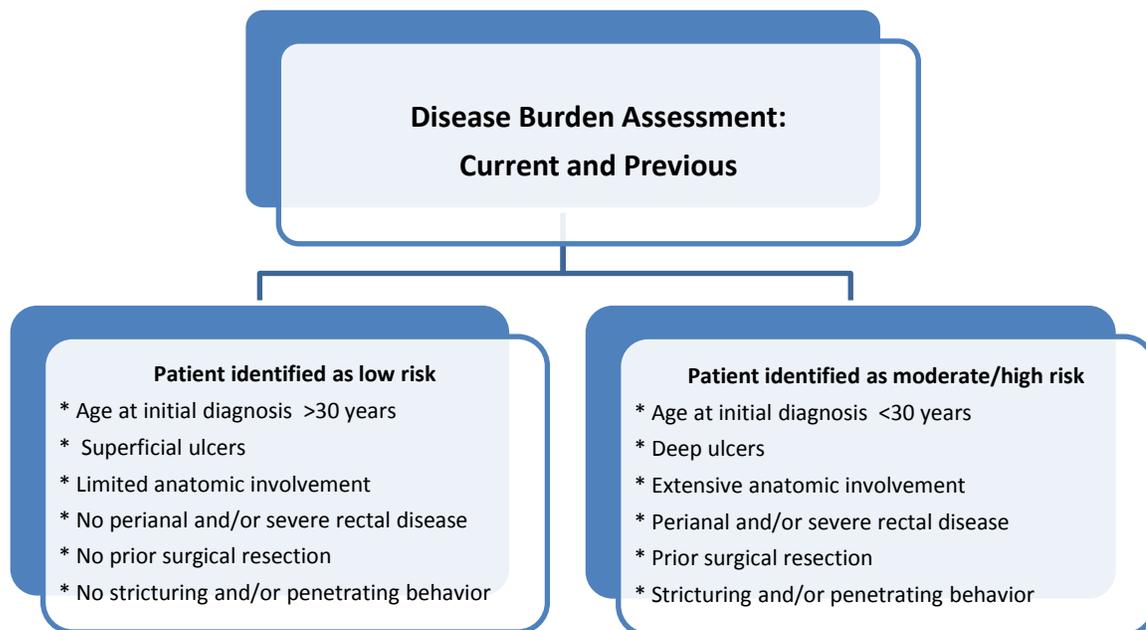
### B. BACKGROUND

Tumor necrosis factor-alpha (TNF) is a messenger protein, or cytokine, produced by monocytes and macrophages that mediates inflammation and induces the destruction of some tumor cells in the body. Four TNF inhibitors have been approved for the treatment of inflammatory bowel diseases.

The  $\alpha 4\beta 7$  integrin is expressed on the surface of a discrete subset of memory T-lymphocytes that preferentially migrate into the gastrointestinal tract. MAdCAM-1 is mainly expressed on gut endothelial cells and plays a critical role in the homing of T-lymphocytes to gut lymph tissue. The interaction of the  $\alpha 4\beta 7$  integrin with MAdCAM-1 has been implicated as an important contributor to the chronic inflammation that is a hallmark of ulcerative colitis and Crohn's disease.



The intent of this pre-authorization (PA) program is to encourage the appropriate selection of preferred therapeutic agents for patients with such disorders as supported by product labeling, clinical studies and clinical guidelines.



Adapted from AGA Institute Guidelines for the Identification, Assessment and Initial Medical Treatment in Crohn's Disease: Clinical Decision Support Tool (2014).

### C. DEFINITIONS

N/A

### D. POLICY

CareSource will approve the use of the following medications and consider them use as **medically necessary** when the following criteria have been met:

I. **Infliximab (Remicade)** is considered **medically necessary** when criteria are met for the following indications:

A. **Crohn's Disease (CD)** when one of the following are met:

1. **Fistulizing Crohn's Disease and ALL of the following:**

1.1 Age 18 years or older

1.2 Documented negative TB test (ie, tuberculosis skin test (PPD), an interferon-release assay (IGRA), or a chest x-ray) within 6 months of initiating a biologic therapy OR yearly for members with risk factors that are requesting continuation of therapy

1.3 Prescribed by a gastroenterologist

2. **Moderate to severe non-fistulizing Crohn's Disease and ALL of the following:**

2.1 Age 6 years or older

2.2 Prescribed by a gastroenterologist

2.3 Documented negative TB test (ie, tuberculosis skin test (PPD), an interferon-release assay (IGRA), or a chest x-ray) within 6 months of initiating a biologic therapy OR yearly for members with risk factors that are requesting continuation of therapy



2.4 Treatment needed for moderate to severe disease, as indicated by **one (1) or more** of the following:

- a. Inadequate response to therapy with **one (1) or more** of the following:
  - (1) 6-mercaptopurine
  - (2) Azathioprine
  - (3) Corticosteroids
- b. Severe disease, as indicated by **one (1) or more** of the following:
  - (1) Esophageal or gastroduodenal disease
  - (2) Extensive small-bowel disease involving more than 100cm
  - (3) History of colonic resection
  - (4) History of **two (2) or more** small-bowel resections
  - (5) Perianal or rectal disease

B. **Ulcerative Colitis (UC)** when **ALL** of the following are met:

1. Individual is 6 years of age or older with moderate to severe active ulcerative colitis
2. Documented negative TB test (ie, tuberculosis skin test (PPD), an interferon-release assay (IGRA), or a chest x-ray) within 6 months of initiating a biologic therapy OR yearly for members with risk factors that are requesting continuation of therapy
3. Prescribed by a gastroenterologist
4. Meets at least **one (1)** of the following:
  - 5.1 Hospitalized with fulminant ulcerative colitis (i.e., severe ulcerative colitis with more than 10 stools per day, continuous bleeding, abdominal pain, and distension, and acute, severe toxic symptoms including fever and anoxia)
  - 5.2 Patient hospitalized and after three days of intravenous steroids still has a CRP greater than 45 or more than 8 bloody bowel movements
  - 5.3 Member has moderate to severe active ulcerative colitis and meets **ALL** of the following criteria:
    - a. Member is refractory to or requires continuous immunosuppression with corticosteroids (e.g., methylprednisolone, prednisone) at a dose of prednisone 40 to 60 mg/day (or equivalent)
    - b. Member is refractory to or has a contraindication to 5-aminosalicylic acid agents (e.g., balsalazide, mesalamine, sulfasalazine)
    - c. Member is refractory to or has a contraindication to immunosuppressants (azathioprine and 6-mercaptopurine)

II. **Adalimumab (Humira)** is considered **medically necessary** when criteria are met for the following indications:

A. **Crohn's Disease (CD)** when **ALL** of the following are met:

1. Individual is 6 years of age or older with moderately to severely active CD
2. Prescribed by a gastroenterologist
3. Documented negative TB test (ie, tuberculosis skin test (PPD), an interferon-release assay (IGRA), or a chest x-ray) within 6 months of initiating a biologic therapy OR yearly for members with risk factors that are requesting continuation of therapy
4. Meets at least **one** of the following
  - 4.1 Inadequate response to at least **one (1)** of the following:
    - a. 6-mercaptopurine
    - b. Azathioprine
    - c. Corticosteroids
  - 4.2 Severe disease, as indicated by **one (1) or more** of the following:
    - a. Esophageal or gastroduodenal disease
    - b. Extensive small-bowel disease involving more than 100cm
    - c. History of colonic resection
    - d. History of **two (2) or more** small-bowel resections



- e. Perianal or rectal disease
  5. Individual lost response to or is unable to tolerate infliximab
  - B. **Ulcerative Colitis (UC)** when **ALL** of the following are met:
    1. Individual is 18 years of age or older with moderately to severely active UC
    2. Prescribed by a gastroenterologist
    3. Documented negative TB test (ie, tuberculosis skin test (PPD), an interferon-release assay (IGRA), or a chest x-ray) within 6 months of initiating a biologic therapy OR yearly for members with risk factors that are requesting continuation of therapy
    5. Meets at least **one (1)** of the following:
      - 5.1 Hospitalized with fulminant ulcerative colitis (i.e., severe ulcerative colitis with more than 10 stools per day, continuous bleeding, abdominal pain, and distension, and acute, severe toxic symptoms including fever and anoxia)
      - 5.2 Patient hospitalized and after three days of intravenous steroids still has a CRP greater than 45 or more than 8 bloody bowel movements
      - 5.3 Member has moderate to severe active ulcerative colitis and meets **ALL** of the following criteria:
        - a. Member is refractory to or requires continuous immunosuppression with corticosteroids (e.g., methylprednisolone, prednisone) at a dose of prednisone 40 to 60 mg/day (or equivalent)
        - b. Member is refractory to or has a contraindication to 5-aminosalicylic acid agents (e.g., balsalazide, mesalamine, sulfasalazine)
        - c. Member is refractory to or has a contraindication to immunosuppressants (azathioprine and 6-mercaptopurine)
- III. **Certolizumab Pegol (Cimzia)** is considered **medically necessary** when criteria is met for the following indication:
  - A. **Crohn's Disease (CD)** when **ALL** of the following are met:
    1. Individual is 18 years of age or older with moderately to severely active CD
    2. Prescribed by a gastroenterologist
    3. Documented negative TB test (ie, tuberculosis skin test (PPD), an interferon-release assay (IGRA), or a chest x-ray) within 6 months of initiating a biologic therapy OR yearly for members with risk factors that are requesting continuation of therapy
    4. Meets at least **one (1)** of the following
      - 4.1 Documented inadequate response to at least one of the following:
        - a. 6-mercaptopurine
        - b. Azathioprine
        - c. Methotrexate
      - 4.2 Severe disease, as indicated by **one (1) or more** of the following:
        - a. Esophageal or gastroduodenal disease
        - b. Extensive small-bowel disease involving more than 100cm
        - c. History of colonic resection
        - d. History of **two (2) or more** small-bowel resections
        - e. Perianal or rectal disease
- IV. **Golimumab (Simponi & Simponi Aria)** is considered **medically necessary** when criteria is met for the following indication:
  - A. **Ulcerative Colitis (UC)** when **ALL** of the following are met:
    1. Documented negative TB test (ie, tuberculosis skin test (PPD), an interferon-release assay (IGRA), or a chest x-ray) within 6 months of initiating a biologic therapy OR yearly for members with risk factors that are requesting continuation of therapy
    2. Prescribed by a gastroenterologist
    3. Individual is 18 years of age or older with moderately to severely active UC
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4. Meets at least **one (1)** of the following:
    - 4.1 Hospitalized with fulminant ulcerative colitis (i.e., severe ulcerative colitis with more than 10 stools per day, continuous bleeding, abdominal pain, and distension, and acute, severe toxic symptoms including fever and anoxia)
    - 4.2 Patient hospitalized and after three days of intravenous steroids still has a CRP greater than 45 or more than 8 bloody bowel movements
    - 4.3 Member has moderate to severe active ulcerative colitis and meets **ALL** of the following criteria:
      - a. Member is refractory to or requires continuous immunosuppression with corticosteroids (e.g., methylprednisolone, prednisone) at a dose of prednisone 40 to 60 mg/day (or equivalent)
      - b. Member is refractory to or has a contraindication to 5-aminosalicylic acid agents (e.g., balsalazide, mesalamine, sulfasalazine)
      - c. Member is refractory to or has a contraindication to immunosuppressants (azathioprine and 6-mercaptopurine)
- V. **Vedolizumab (Entyvio)** is considered **medically necessary** when criteria are met for ANY of the following indications:
- A. **Crohn's Disease (CD)** when **ALL** of the following are met::
    1. Individual is 18 years of age or older with moderately to severely active CD
    2. Prescribed by a gastroenterologist
    3. Documented negative TB test (ie, tuberculosis skin test (PPD), an interferon-release assay (IGRA), or a chest x-ray) within 6 months of initiating a biologic therapy OR yearly for members with risk factors that are requesting continuation of therapy
    5. Meets at least **one (1)** of the following
      - 5.1 Documented inadequate response to at least one of the following:
        - a. 6-mercaptopurine
        - b. Azathioprine
        - c. Methotrexate
        - d. Tumor necrosis factor blocker (TNF)
      - 5.2 Severe disease, as indicated by **one (1) or more** of the following:
        - a. Esophageal or gastroduodenal disease
        - b. Extensive small-bowel disease involving more than 100cm
        - c. History of colonic resection
        - d. History of **two (2) or more** small-bowel resections
        - e. Perianal or rectal disease
  - B. **Ulcerative colitis** when **ALL** of the following are met:
    1. Individual is 18 years of age or older with moderately to severely active UC with demonstrated corticosteroid dependence
    2. Prescribed by a gastroenterologist
    3. Documented negative TB test (ie, tuberculosis skin test (PPD), an interferon-release assay (IGRA), or a chest x-ray) within 6 months of initiating a biologic therapy OR yearly for members with risk factors that are requesting continuation of therapy
    4. Meets at least **one (1)** of the following:
      - 4.1 Hospitalized with fulminant ulcerative colitis (i.e., severe ulcerative colitis with more than 10 stools per day, continuous bleeding, abdominal pain, and distension, and acute, severe toxic symptoms including fever and anoxia)
      - 4.2 Patient hospitalized and after three days of intravenous steroids still has a CRP greater than 45 or more than 8 bloody bowel movements
      - 4.3 Member has moderate to severe active ulcerative colitis and meets **ALL** of the following criteria:
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- a. Member is refractory to or requires continuous immunosuppression with corticosteroids (e.g., methylprednisolone, prednisone) at a dose of prednisone 40 to 60 mg/day (or equivalent)
- b. Member is refractory to or has a contraindication to 5-aminosalicylic acid agents (e.g., balsalazide, mesalamine, sulfasalazine)
- c. Member is refractory to or has a contraindication to immunosuppressants (azathioprine and 6-mercaptopurine)
- d. Member has had an inadequate response with, lost response to, or was intolerant to a tumor necrosis factor blocker (TNF)

VI. **Natalizumab (Tysabri)** is considered **medically necessary** when **ALL** criteria are met for the following indication:

- A. **Crohn's Disease (CD)** when **ALL** of the following are met:
  1. Prescribed by a gastroenterologist
  2. Member is 18 years or older
  3. Member has had anti-JCV antibody testing with ELISA prior to initiating treatment with natalizumab and annually thereafter
  4. Provider and patient are registered with Crohn Disease Tysabri Outreach Unified Commitment to Health (CD TOUCH) program
  5. Diagnosis of moderately- to severely-active Crohn's Disease
  6. Agent is **not** being used in combination with immunosuppressant's or TNF-alpha inhibitors
  7. Failure of **two (2)** different therapies such as:
    - 7.1 Methotrexate (eg, Rheumatrex)
    - 7.2 Systemic corticosteroids (eg, budesonide (Entocort), prednisone)
    - 7.3 Immunosuppressants (eg, 6-mercaptopurine (Purinethol))
    - 7.4 Azathioprine (Imuran) or cyclosporine (Neoral, Sandimmune, Gengraf)
    - 7.5 Tumor necrosis factor blocker (TNF) (Humira, Enbrel, etc.)

**ALL** other uses of Adalimumab, Certolizumab pegol, Golimumab, Infliximab, Natalizumab, or Vedolizumab are considered experimental/investigational and therefore, will follow CareSource's off-label policy.

**Note:** Patient is required to have completed the trial listed in the above criteria unless the patient is unable to tolerate, has a contraindication or a loss of response. Documentation such as chart notes or pharmacy claims may be requested.

**Note:** Documented diagnosis must be confirmed by portions of the individual's medical record which will confirm the presence of disease and will need to be supplied with prior authorization request. These medical records may include, but not limited to test reports, chart notes from provider's office or hospital admission notes.

**Refer to the product package insert for dosing, administration and safety guidelines.**

**For Medicare Plan members, reference the below link to search for Applicable National Coverage Descriptions (NCD) and Local Coverage Descriptions (LCD):**

**If there is no NCD or LCD present, reference the CareSource Policy for coverage.**

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## G. REFERENCES

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9. Wolters Kluwer. Facts & Comparisons. [www.factsandcomparisons.com](http://www.factsandcomparisons.com), 2015.
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12. Milliman Clinical Guidelines 19th edition, 2015.
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14. Simponi [prescribing information]. Horsham, PA; Janssen Biotech, Inc.; Revised: June 2015

This guideline contains custom content that has been modified from the standard care guidelines and has not been reviewed or approved by MCG Health, LLC.

**The medical Policy Statement detailed above has received due consideration as defined in the Medical Policy Statement Policy and is approved.**

Independent Medical Review - 2015

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