



## Administrative Policy Statement TRICARE

| Policy Name                 |                | Policy Number    | Date Effective |
|-----------------------------|----------------|------------------|----------------|
| Medical Benefit Medications |                | PAD-0013-TRICARE | 01/01/2026     |
| Policy Type                 |                |                  |                |
| Medical                     | ADMINISTRATIVE | Pharmacy         | Reimbursement  |

Administrative Policy Statements are derived from literature based on and supported by clinical guidelines, nationally recognized utilization and technology assessment guidelines, other medical management industry standards, and published MCO clinical policy guidelines. Medically necessary services include, but are not limited to, those health care services or supplies that are proper and necessary for the diagnosis or treatment of disease, illness, or injury and without which the patient can be expected to suffer prolonged, increased or new morbidity, impairment of function, dysfunction of a body organ or part, or significant pain and discomfort. These services meet the standards of good medical practice in the local area, are the lowest cost alternative, and are not provided mainly for the convenience of the member or provider. Medically necessary services also include those services defined in any Evidence of Coverage documents, Medical Policy Statements, Provider Manuals, Member Handbooks, and/or other policies and procedures. Administrative Policy Statements do not ensure an authorization or payment of services. Please refer to the plan contract (often referred to as the Evidence of Coverage) for the service(s) referenced in the

Administrative Policy Statement. If there is a conflict between the Administrative Policy Statement and the plan contract (i.e., Evidence of Coverage), then the plan contract (i.e., Evidence of Coverage) will be the controlling document used to make the determination.

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## Subject

TRICARE Prime® Demo by CareSource Military & Veterans™ uses Pharmacy Policy Statements to determine coverage for medications that are covered under the medical benefit, as determined by the TRICARE Prime® Demo by CareSource Military & Veterans™ Pharmacy and Therapeutics (P&T) Committee. Pharmacy Policy Statements contain criteria designed to ensure that TRICARE Prime® Demo by CareSource Military & Veterans™ members safely receive effective medication.

Some medical benefit medications may not be addressed by a specific Pharmacy Policy Statement. In that case, the reviewing pharmacists will make a clinical determination based on the information outlined here.

### A. Background

The intent of TRICARE Prime® Demo by CareSource Military & Veterans™ Policy Statements is to encourage appropriate selection of drug therapy for members according to product labeling, clinical guidelines, and/or clinical studies as well as to encourage use of preferred drugs. The TRICARE Prime® Demo by CareSource Military & Veterans™ Policy Statement is a guideline for determining health care coverage for our members with benefit plans covering prescription drugs. Pharmacy Policy Statements are written on selected prescription drugs requiring prior authorization or step therapy. The Pharmacy Policy Statement is used as a tool to be interpreted in conjunction with the member's specific benefit plan.

**Note:** The Introduction section is for your general knowledge and is not to be construed as policy coverage criteria. The rest of the policy uses specific words and concepts familiar to medical professionals and is intended for providers. A provider can be a person, such as a doctor, nurse, psychologist, or dentist. A provider can also be a place where medical care is given, like a hospital, clinic, or lab. This policy informs providers about when a product or service may be covered.

### B. Definitions

- **Administrative Review/Approval/Denial:** a decision for coverage or non-coverage of a drug which is made regarding the organization and delivery of the drugs according to a member's benefits, policies & procedures, and/or legislature & regulation which do not require clinical expertise or subject knowledge.
- **Clinical Judgement:** decisions made within the scope and expertise of a pharmacist following the review of subjective and objective medical data for a member. A pharmacist can use Clinical Judgement for the benefit determination for an exceptions request for a Medical Benefit Drug. If the request is outside the scope of a pharmacist's expertise, a benefit determination will be made in collaboration with a medical director.
- **Drug:** a medication or substance which induces a physiologic effect on the body of a member (i.e., medication, agent, drug therapy, treatment, product, biosimilar drug, etc.).
- **Medical Benefit Drug:** a drug that is usually administered by a healthcare provider or in a supervised healthcare setting and is billed to TRICARE Prime® Demo by CareSource Military & Veterans™ through the medical benefit and is subject to the appropriate member cost share based on the Schedule of Benefits (SOB) and/or Summary of Benefits and Coverage (SBC).
- **Non-Preferred Drug:** a drug that has been determined by TRICARE Prime® Demo by CareSource Military & Veterans™ to be less clinically efficacious or cost-effective for an FDA-

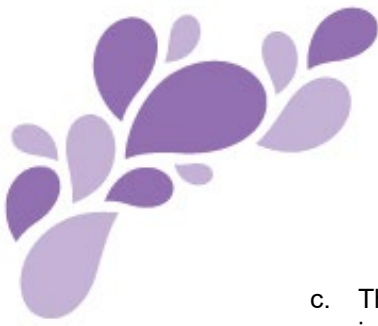


approved use than other available drugs by the TRICARE Prime® Demo by CareSource Military & Veterans™ P&T Committee.

- Preferred Drug: the drug of choice for TRICARE Prime® Demo by CareSource Military & Veterans™ for an FDA-approved use as indicated on a Pharmacy Policy Statement available on the TRICARE Prime® Demo by CareSource Military & Veterans™ website and based on clinical efficacy and cost as determined by the TRICARE Prime® Demo by CareSource Military & Veterans™ P&T Committee.
- Specialty Drug: a drug which treats highly complex diseases and/or requires special handling or distribution and is usually high cost. Many of these drugs require prior authorization and may be dispensed at limited locations. Please see TRICARE Prime® Demo by CareSource Military & Veterans™'s Specialty Drug List on the TRICARE Prime® Demo by CareSource Military & Veterans™ website.

### C. Policy

- I. Medical Benefit Drugs may require review and approval by a pharmacist and/or medical director before being approved for payment. This policy will not supersede drug-specific clinical criteria developed and approved by the TRICARE Prime® Demo by CareSource Military & Veterans™ P&T Committee. When TRICARE Prime® Demo by CareSource Military & Veterans™ approves coverage of a Medical Benefit Drug it will be considered Medically Necessary when ALL of the following criteria have been met:
  - a. Prior Authorization requests should be submitted for each Medical Benefit Drug with chart notes and member-specific documentation AND
  - b. The member's indication, dose, and duration for the use of the requested Medical Benefit Drug is approved by the Food & Drug Administration (FDA) or an indication supported in the compendia or current peer-reviewed literature or evidence-based guidelines AND
  - c. One of the following is true:
    - i. The Medical Benefit Drug is a Preferred Drug by TRICARE Prime® Demo by CareSource Military & Veterans™ OR
    - ii. The member is unable to take the Preferred Drug(s) because:
      1. The member has a clinical condition for which there is no Preferred Drug and/or needed dosage form suitable to treat the member's diagnosis OR
      2. The Preferred Drug(s) is/are not recommended based on published guidelines or clinical literature OR
      3. The Preferred Drug(s) is/are expected to be ineffective or less effective for the member based on submitted documentation and medical history OR
      4. The Preferred Drug(s) is/are expected to cause an adverse effect based on submitted documentation and medical history.
- II. For Reauthorization:
  - a. Documentation has been provided showing the member has had a positive response to therapy; AND
  - b. Documentation has been provided showing the member is compliant with therapy; AND



- c. The requested use and dosage remain consistent with FDA-approved prescribing information in the drug package insert.

#### D. Conditions of Coverage

HCPCS  
CPT

**AUTHORIZATION PERIOD: As determined by the approving pharmacist's Clinical Judgement**

#### E. Related Policies/Rules

Medical Necessity for NonFormulary Medications

Medical Necessity – Off Label

Drug-specific policies posted on the TRICARE Prime® Demo by CareSource Military & Veterans™ website may apply

#### F. Review/Revision History

| DATES          |            | ACTION  |
|----------------|------------|---|
| Date Issued    | 11/07/2019 | Drafted policy language; updated references to SOB and SBC  |
| Date Revised   | 11/17/2021 | Annual review, no changes.  |
|                | 12/19/2022 | Annual review, no changes.  |
|                | 6/6/2023   | Removed "Medical Necessity" and updated related policies and rules to align with new policy titles. |
|                | 5/21/24    | Annual review, no changes   |
|                | 5/22/2025  | Added reauthorization criteria  |
| Date Effective | 1/1/2026   |   |
| Date Archived  |            |   |

#### G. References

1. Definitions for Administrative Review or Clinical Judgement: Ombudsman Saskatchewan, Canada; "Administrative versus Clinical Decisions" January 2016.
2. 45 CFR – Chapter A – Subchapter B - §156.122 – Prescription drug benefits.
3. 2018 NCQA Standards and Guidelines for the Accreditation of Health Plans.

**The Administrative Policy Statement detailed above has received due consideration as defined in the Administrative Policy Statement Policy and is approved.**