

WINTER 2017

MEMBERSource

A Newsletter for CareSource Members

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NEW DENTAL AND VISION PLANS AVAILABLE

For 2018, you'll be able to add adult Dental and Vision benefits on our Federal Simple Choice and Low Premium plans, just like our other plans. Dental and eye health are important to your overall health. Getting regular checkups helps you maintain a healthy smile and prevents potential problems from becoming more serious. CareSource's Dental and Vision Plans allow twice yearly dental checkups and an annual eye exam.

In addition, Dental and Vision plan members are eligible for the Active&Fit® program. The Active&Fit program offers members low-cost access to over 10,000 fitness centers for a \$100 annual member fee. Prefer to exercise at home? Choose up to two home fitness kits for just \$10 per year. If you have a compatible wearable fitness device or mobile app*, you can also use the Active&Fit Connected!™ feature to set fitness goals and track your exercise.

Selecting a Dental and Vision plan with access to the Active&Fit program gives CareSource members wellness focused benefits that go beyond standard medical health care benefits.

** The purchase of a wearable fitness device or mobile app is not included as part of your benefit. The Active&Fit program is provided by American Specialty Health Fitness, Inc., a subsidiary of American Specialty Health Incorporated (ASH). Active&Fit and Active&Fit Connected! are trademarks of ASH and are used with permission herein. Please refer to the appropriate 2018 Evidence of Coverage for details about the Active&Fit® program.*





NEW HSA ELIGIBLE PLAN OFFERED IN 2018

For 2018, CareSource is offering a new Bronze plan that you can pair with a Health Savings Account (HSA). This Bronze level plan is a High Deductible Health Plan (HDHP), which means that it generally has a lower premium, but will result in a higher out of pocket costs. This can be a good choice if you don't expect to use your benefits often.

This plan is designed to be used with a tax-advantaged Health Savings Account (HSA), which can offset your out of pocket expenses. You can contribute a certain amount of money to an HSA each benefit year to help you pay for qualified medical expenses*. Normally, that money can be treated as a tax deduction, which may help reduce your taxable income.

With the exception of covered preventive health care services, you pay for all covered health care services up to the deductible amount before the plan starts paying. You will pay no more than \$6,550 for an individual or \$13,100 for a family for covered health care services in a benefit year.

Be on the lookout for our **CareSource Bronze HSA Plan** if you're ok with a higher deductible in return for lower premiums and potential tax savings.

If you have questions or want to learn more about CareSource's Bronze HSA plan, please call **1-844-539-1733** or visit **CareSource.com/marketplace**.

** CareSource is not offering or administering an HSA in conjunction with the Bronze HSA plan. You are responsible for determining whether you are eligible to establish an HSA. You should consult your financial, tax, or legal advisor for more information regarding your eligibility, responsibility, and obligations for establishing and maintaining an HSA and what qualifies as qualified medical expenses. This information should not be construed as financial, tax, or legal advice and is provided for general information purposes only.*



EASY WAYS TO PAY YOUR INVOICE

CareSource offers some easy ways to pay your invoice, with Automatic Monthly Payments, online and phone payments as fast and easy ways to keep your health care coverage paid.

Online and Automatic Monthly Payments (posts in 3-4 business days)

Go to your My CareSource account and select **Pay Bill**.

- For a one-time payment, select **Make a Payment** and complete the payment form with the amount due and complete the credit/debit card or bank account information.
- To set up automatic monthly payments, select **Manage Automatic Payments**, and complete the automatic payment form with the monthly amount and the payment method.

Phone Payments (posts in 3-4 business days)

- Call Member Services and tell our automated attendant “Katie” that you would like to make a payment. Phone payments can be made by credit card, debit card or checking account.

Pay by mail (posts in 7-10 business days)

- Detach the bottom portion of your invoice and write in the amount of your check or money order. Include this slip with your check or money order. Write your ID number on the memo line of your check or money order and be sure our address shows through the window of the envelope provided.

MAIL-ORDER PHARMACY TIPS

Would you like to get your prescriptions delivered to your home? Our mail-order service can save you a trip to the pharmacy. Keep these tips in mind:

- Mail-order service is most helpful for long-term medication use.
- Prescriptions may have to be written and filled for a 90-day supply.
- It can take multiple days to receive medications, so order refills before you run out.
- Automatic refills and renewals may be available.

Drug List Updates

CareSource has a searchable drug list on our website. Use the **Find My Prescriptions** link under **Quick Links** to find the medicines covered under your plan.

Quarterly changes and updates to the list are also online. Visit: **CareSource.com/find-my-prescriptions/**.

If you don't have access to the internet, please call Member Services. The number is on your member ID card. We will help you.



CONCERNED ABOUT ADDICTION? WE ARE HERE TO HELP

On average 91 Americans die every day from an opioid overdose⁽¹⁾. As prescriptions of opioids for pain management increased, so did misuse of these drugs for non-medical purposes. Addiction has been the result for many individuals.

CareSource believes in recovery. We have a holistic approach that includes clinical care and access to opioid treatment and detoxification. We are making it easier than ever for you to get help. Your primary care provider (PCP) has screening tools to assess your risk toward misuse of drugs or alcohol. You can talk with your doctor or Care Manager about this. Drugs are available to increase the chance of recovering from an opioid addiction. Talk to your health care provider or pharmacist for more information. Both mental health and addiction services are covered by CareSource. You can get more information in your handbook, from Member Services or at **CareSource.com**.

If you are struggling with a drug or alcohol problem, take action now. We are here to help you get the care you need.

For help in finding a provider go to our **Find A Doctor/Provider** tool, or call 1-833-Opioids (674-6437).

(1) Centers for Disease Control and Prevention. <https://www.cdc.gov/drugoverdose/epidemic/index.html>. Retrieved August 2017.

FIFTH THIRD EXPRESS BANKING®

Your financial health can play a part in your overall health and wellness. We have partnered with Fifth Third Bank to offer our members Express Banking. This account gives you a simple way to manage your money and reach your financial goals.

The Express Banking account gives you no monthly service charge, free direct deposit, check cashing and a debit card for purchases.

Visit 53.com/CareSource for more information. You can also visit any Fifth Third branch, tell them you are a CareSource member, and reference code 56706 to get more information or open an account.

OPEN ENROLLMENT IS NOVEMBER 1 – DECEMBER 15

Open Enrollment for 2018 ends December 15, 2017. You should have received a renewal letter from us in October. Take some time to understand your 2018 plan and review other CareSource plan options or comparison shop. Update your application on HealthCare.gov to get all the financial assistance you are entitled to.



MYidealDOCTOR

Cold and flu season is here. When you don't feel well, you want to see a doctor fast. If you can't get in to see your PCP consider using MYidealDOCTOR™. You get 24/7 access to board certified doctors from the comfort of your home or workplace. You can call, visit the MYidealDOCTOR website, or download their mobile app.

Answer a few questions about why you are calling, and a doctor will call you back within 15 minutes. They'll even call in a prescription for you if you need one. No need to wait in your doctor's office or an urgent care clinic.

Other reasons to take advantage of the convenience of MYidealDOCTOR are:

- Allergies
- Bronchitis
- Constipation
- Diarrhea
- Fever
- Joint Aches and Pains
- Skin Inflammations
- Sore Throat

It's easy to use. Call 1-855-879-4332, or visit www.MYidealDOCTOR.com.

RSV: Who Is at Risk?

Respiratory syncytial virus, or RSV, is a respiratory virus. It infects the lungs and breathing passages. In adults and older children, it usually causes mild cold-like symptoms. But RSV can cause severe problems – even pneumonia – for infants and older adults.

RSV facts

- Since RSV is a virus, antibiotics will not help it go away.
- RSV is contagious.
- Those with a higher risk of complications from RSV include children who:
 - Are younger than six months old
 - Were born prematurely
 - Are regularly exposed to tobacco smoke

Talk to your child's doctor about ways to prevent and treat RSV. Call our 24-hour nurse advice line with questions. The CareSource24 number is on your member ID card.

HOLIDAY SCHEDULE

Our Member Services department is open Monday through Friday from 7 a.m. to 7 p.m. Eastern Standard Time (EST), except on these holidays:

- New Year's Day
- Memorial Day
- Independence Day
- Labor Day
- Thanksgiving Day
- The day after Thanksgiving
- Christmas Eve
- Christmas Day

A holiday that falls on a Saturday is observed on the Friday before it. One that falls on a Sunday is observed on the Monday after it.

WOMEN'S HEALTH TIPS

Women have special needs when it comes to health care. Preventive care can find problems early when they are easier to treat.

Breast cancer

October was Breast Cancer Awareness Month. It's not too late to make sure you are up to date with breast cancer screenings. Talk to your health care provider about breast cancer and whether you need a mammogram. If you get a mammogram:

- Try not to have it during your period or the week before. Your breasts may be tender or swollen then.
- Don't wear deodorant, perfume or powder on the day of your mammogram. They can show up as white spots on the X-ray.

Heart disease

Heart disease is the leading cause of death for women in the U.S.*

Are you at risk? These factors may increase your chances of getting heart disease:

- Diabetes
- Diet high in saturated fats and cholesterol
- Family history of heart disease
- High blood pressure
- High cholesterol
- Obesity
- Physical inactivity
- Tobacco use

Talk to your doctor to learn how to lower your risk for heart disease.

Colorectal cancer

Colorectal cancer affects men as well as women. Regular screenings begin at age 50 or earlier if you are at high risk. After age 75, ask your doctor how often you should get this test.

There is more than one test for this type of cancer. Talk to your doctor about which test is best for you.

**Source: www.cdc.gov*

WINTER WELLNESS

Many people feel sad and tired in the winter. This can be caused by a lack of sunlight during the winter months. It can also be caused by the stress of the holiday season. Treatment is available.

If you feel sad, depressed and tired, talk to your doctor about treatment options. Together, you can figure out if your blues are just a passing mood or something more serious.



Suicide Prevention

At CareSource, ***our members' lives are at the heart of what we do.*** That's why suicide prevention is so important.

We understand that life can get complicated and that problems can feel overwhelming, but we are committed to helping our members, no matter what they need. Being healthy – both physically and mentally – is a strong foundation for a purposeful life.

Suicide is preventable and is never the only option. If you or someone you know is struggling with suicidal thoughts, depression, or a mental illness, you don't have to handle this alone.

CareSource offers counseling and treatment options. Talk with your doctor or Care Manager to take steps in getting help.

If you are in crisis:

- **Call 911.**
- **Call the toll-free National Suicide Prevention Lifeline at 1-800-273-TALK (8255).**
This is a free service available 24 hours a day, 7 days a week. All calls are confidential.
- **Text the Crisis Text Line.** Text "HOME" to 741741 from anywhere in the United States, anytime.
- Visit: <http://www.suicidepreventionlifeline.org>

Learn more at the CareSource Behavioral Health resource page: <https://www.caresource.com/medical-conditions/managing-health-conditions/behavioral-health/>.

ARE YOU READY FOR COLD AND FLU SEASON?

It's cold and flu season. Are you ready? Colds are caused by viruses and are very common. No medicine or shot will cure a cold. Flu symptoms are similar to a common cold. They include a runny nose, sore throat, and a bad cough. A flu shot can help protect you from getting the flu, and are a covered preventive care item for all CareSource marketplace plans. You can get a flu shot from your PCP or a convenience care clinic such as the CVS Minute Clinic™.

If you are having cold or flu symptoms, call CareSource24®, our 24-hour nurse advice line. Our nurses can let you know how to ease your symptoms and avoid an unnecessary doctor visit, or determine if you need to seek medical attention. We're available night or day. The number is on your member ID card.



CALL US

IF YOU DON'T HAVE INTERNET ACCESS, DON'T WORRY. WE CAN STILL HELP YOU. CALL MEMBER SERVICES WITH YOUR QUESTIONS.

JUST DIAL 1-855-202-0622 (TTY: 1-800-982-8771 OR 711).



P.O. Box 8738
Dayton, OH 45401-8738
CareSource.com

HOW TO REACH US

Member Services Dept:
1-855-202-0622
(TTY: 1-800-982-8771 or 711)

CareSource24®
24-Hour Nurse Advice Line:
1-866-206-0701

JOIN US

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 [Pinterest.com/CareSource](https://www.pinterest.com/CareSource)

Non-Profit
US Postage
PAID
CareSource

USE OUR MOBILE APP ON THE GO

Download the CareSource mobile app at no cost to you. Use it to manage your CareSource health plan on the go.

Our convenient and easy-to-use mobile app lets you:

- View your digital insurance ID card
- Access your secure My CareSource® account
- Find a health care provider near you (get directions or make a call)
- Make a payment
- Call CareSource24® and speak with a nurse 24/7
- Call Member Services
- And much more!

The mobile app is available for both iPhone® and Android™ systems. Get it through the App Store for Apple® or Google Play™ today.

Apple and iPhone are trademarks of Apple, Inc. Android and Google Play are trademarks of Google Inc.



CareSource complies with applicable state and federal civil rights laws and does not discriminate on the basis of age, gender, gender identity, color, race, disability, national origin, marital status, sexual preference, religion affiliation, health status, or public assistance status. CareSource does not exclude people or treat them differently because of age, gender, gender identity, color, race, disability, national origin, marital status, sexual preference, religion affiliation, health status, or public assistance status.

CareSource provides free aids and services to people with disabilities to communicate effectively with us, such as: (1) qualified sign language interpreters, and (2) written information in other formats (large print, audio, accessible electronic formats, other formats). In addition, CareSource provides free language services to people whose primary language is not English, such as: (1) qualified interpreters, and (2) information written in other languages. If you need these services, please call the member services number on your member ID card.

If you believe that CareSource has failed to provide the above mentioned services to you or discriminated in another way on the basis of age, gender, gender identity, color, race, disability, national origin, marital status, sexual preference, religion affiliation, health status, or public assistance status, you may file a grievance, with:

CareSource
Attn: Civil Rights Coordinator
P.O. Box 1947, Dayton, Ohio 45401
1-844-539-1732, TTY: 711
Fax: 1-844-417-6254

CivilRightsCoordinator@CareSource.com

You can file a grievance by mail, fax, or email. If you need help filing a grievance, the Civil Rights Coordinator is available to help you.

You may also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office of Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

U.S. Department of Health and Human Services
200 Independence Avenue, SW Room 509F
HHH Building Washington, D.C. 20201
1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.

This Notice has Important Information. This notice has important information about your application or coverage through CareSource. Look for key dates in this notice. You may need to take action by certain deadlines to keep your health coverage or help with costs. You have the right to get this information and help in your language at no cost. Please call the member services number on your member ID card.

ARABIC يحتوي هذا الإشعار على معلومات مهمة. يحتوي هذا الإشعار على معلومات مهمة بخصوص طلبك أو التغطية التي تحصل عليها من خلال CareSource. ابحث عن مهمة بخصوص طلبك أو التغطية التي تحصل عليها من خلال CareSource. قد تحتاج إلى اتخاذ إجراء معين قبل حلول أحد التواريخ للحفاظ على التغطية الصحية التي تحصل عليها أو للحصول على مساعدة بشأن التكاليف. يرجى الاتصال على رقم خدمة الأعضاء الموجود على بطاقة تعريف العضو الخاصة بك.

AMHARIC ይህ ማስታወቂያ አስፈላጊ መረጃ ይዟል። ይህ ማስታወቂያ ስለ ማመልከቻዎ ወይም የCareSource ሽፋን አስፈላጊ መረጃ አለው። በዚህ ማስታወቂያ ውስጥ ቁልፍ ቀኖችን ፈልጉ። የጤናን ሽፋንዎን ለመጠበቅና በአስፈላጊ አርዳታ ለማግኘት በተውሰኑ የጊዜ ጉዳዮች አርምድ መውሰድ፣ የገባዎት ይሆናል። ይህን መረጃ አንዲያገኙ እና ያለምንም ከፍተኛ ቁጥጥር አርዳታ አንዲያገኙ መብት አለዎት። አባዛዎን በመታወቅዎ ካርዱ ላይ ባለው የአገልግሎቶች ቁጥር ይደውሉ።

BURMESE ဤအသိပေးစာတွင် အရေးကြီးသော အချက်အလက်များ ပါဝင်ပါသည်။ ဤအသိပေးစာတွင် သင့်လျော်သော သို့မဟုတ် CareSource အတွင်း အကျိုးဝင်မှုအကြောင်း အရေးကြီးသော အချက်အလက်များ ပါဝင်ပါသည်။ ဤအသိပေးစာတွင် အရေးကြီးသော ရက်စွဲများကို ရှာထားပါ။ သင့်ကျန်းမာရေး အကျိုးဝင်မှုအား ဆက်လက်ထားရှိထားရန် သို့မဟုတ် ကုန်ကျစရိတ်များနှင့် ပတ်သက်ပြီး အကူအညီရရှိရန် အချို့သော နောက်ဆုံးရက်သတ်မှတ်ချက်များဖြင့် ဆောင်ရွက်မှုပြုရန် လိုအပ်နိုင်ပါသည်။ သင့်ပြောဆိုသော ဘာသာစကားဖြင့် အကူအညီနှင့် အချက်အလက်များအား ရွေးချယ်စွာ ပြုပြင် ညွှန်ကြားမှု အသိပေးစာဖြင့် ပြန်ကြိုက်စေပါ။ ဤ အသိပေးစာတွင် ဝက်ဘ်ဆိုက်တွင် ပြန်ကြိုက်စေပါ။

CHINESE 此通知包含重要信息。此通知包含关于您的申请以及 CareSource 医疗保险覆盖范围的重要信息。请仔细查看本通知中的关键日期。您可能需要在某些标注的截止日期前采取行动，以确保您的健康保险有效或者付费项目获得帮助。您有权免费获得以您的语言提供的此信息和帮助。请拨打您的会员 ID 卡上的会员服务电话号码。

CUSHITE - OROMO Beeksisni kun odeeffannoo barbaachisaa qaba. Beeksisti kun sagantaa yookan karaa CareSource tiin tajaajila keessan ilaalchisee odeeffannoo barbaachisaa qaba. Guyyaawwan murteessaa ta'an beeksisa kana keessatti ilaalaa. Tarii kaffaltiidhaan deeggaramuuf yookan tajaajila fayyaa keessaniif guyyaa dhumaa irratti wanti raawwattan jiraachuu danda'a. Kaffalti irraa bilisa haala ta'een afaan keessaniin odeeffannoo argachuu fi deeggarsa argachuu mirga ni qabaattu. Maaloo lakkoofsa bilbilaa isa waraqaa eenyummaa keessan irra jiruun tajaajila miseensaatiif bilbilaa.

DUTCH Deze kennisgeving bevat belangrijke informatie. Deze kennisgeving bevat belangrijke informatie over uw aanvraag of dekking via CareSource. Let op belangrijke data in deze kennisgeving. Het kan nodig zijn om actie te ondernemen vóór bepaalde deadlines om uw gezondheidszorgdekking of hulp met de kosten te behouden. U hebt het recht om deze informatie en hulp kosteloos te ontvangen in uw taal. Bel naar het nummer voor ledenidkaarten op uw lidkaart

FRENCH (CANADA) Cet avis contient des renseignements importants. Cet avis contient des renseignements importants sur votre demande d'assurance auprès de CareSource ou la couverture obtenue par l'intermédiaire de CareSource. Prenez connaissance des dates clés mentionnées dans le présent avis. Assurez-vous de respecter les délais indiqués pour conserver votre protection et contribuer à réduire les coûts. Vous avez le droit d'obtenir gratuitement ces renseignements et du soutien dans votre langue. Veuillez communiquer avec les services aux membres au numéro indiqué sur votre carte de membre.

GERMAN Dieser Hinweis enthält wichtige Information. Dieser Hinweis enthält wichtige Information über Ihren Antrag oder Ihren Schutz durch CareSource. Achten Sie auf Schlüsseltermine in diesem Hinweis. Sie müssen eventuell innerhalb von bestimmten Fristen Maßnahmen ergreifen, um Ihre Gesundheitsversorgung aufrecht zu erhalten oder Hilfe mit den Kosten zu bekommen. Sie haben Sie das Recht, kostenfrei in Ihrer eigenen Sprache diese Hilfe und Information zu bekommen. Bitte rufen Sie die Mitglieder-Service-Nummer auf Ihrer Mitglieder-ID-Karte an

GUJARATI આ સૂચનામાં અગત્યની માહિતી છે. આ સૂચનામાં તમને અરજી અથવા અસુચીએમ ક યોજનામાં નામ મુકી દેવા સંબંધિત અગત્યની માહિતી છે. આ સૂચનામાં નીચેના સમય સીમાઓ, તમે તમારા આરોગ્ય કવરેજ રાખવા અથવા ખર્ચ સાથે મદદ કરવા માટે અમુક રોકડ સુવિધા દ્વારા પગલાં લેવાની જરૂર છે. તમને આ માહિતી અને મદદ તમને મળે છે. તમે જાણો છો, તમારું અધિકાર છે. કૃપા કરીને તમારા સભ્ય આઈડી કાર્ડ પર સભ્ય સેવા માટે ના નંબર પર ફોન કરો.

HINDI इस नोटिस में महत्वपूर्ण सूचना है। इस नोटिस में आपके आवेदन या CareSource के माध्यम से आपके कवरेज के बारे में महत्वपूर्ण जानकारी है। इस नोटिस में मुख्य तारिखों को देखें। आपको लागत सहित अपने हेल्थ कवरेज या सहायता को बनाए रखने के लिए विभिन्न समयसीमाओं में कार्रवाई करने की जरूरत हो सकती है। आपके पास बगैर किसी लागत के अपनी भाषा में यह जानकारी और सहायता प्राप्त करने का अधिकार है। कृपया अपने सदस्य आईडी कार्ड पर दिये सदस्य सेवा नंबर पर कॉल करें।

ITALIAN Questa comunicazione contiene informazioni importanti. Questa comunicazione contiene informazioni importanti circa la sua iscrizione o copertura tramite CareSource. Cerchi le date principali in questa comunicazione. Potrebbe dover intraprendere delle azioni entro certe scadenze per mantenere la Sua copertura sanitaria o per contribuire ai costi. Ha il diritto di avere queste informazioni e supporto nella Sua lingua, senza alcun costo. Chiamare il numero dei servizi ai soci riportato sulla tessera di iscrizione.

JAPANESE この通知には重要な情報が含まれています。この通知には、CareSourceの申請または補償範囲に関する重要な情報が含まれています。この通知に記載されている重要な日付をご確認ください。健康保険や有料サポートを維持するには、特定の期日までに措置を講じていただく必要があります。ご希望の言語による情報とサポートが無料で提供されます。お持ちの会員IDカードにある、会員サービスの電話番号までお問い合わせ下さい。

KOREAN 본 통지서는 중요한 정보를 담고 있습니다. CareSource 가입이나 혜택에 대한 중요한 정보가 안내되어 있습니다. 본 통지서에 나와 있는 주요 날짜들을 확인해 주십시오. 의료 혜택을 받거나 비용을 절약하시려면 특정 기한까지 조치를 취하셔야 할 수 있습니다. 원하는 언어로 별도 비용 없이 관련 정보와 안내를 받으실 수 있습니다. 귀하의 회원 ID 카드에 적힌 회원 서비스 팀 번호로 전화하십시오.

PENNSYLVANIA DUTCH Die Bekanntmachung gebt wichdichi Auskunft. Die Bekanntmachung gebt wichdichi Auskunft baut die Application oder Coverage mit CareSource. Geb Acht fer wichdiche Daadem in die Bekanntmachung. Es iss meeglich, ass du ebbes duh muscht, an beschtimme Deadlines, so ass du dei Health Coverage bhalde kannscht, odder bezaahle helfe kannscht. Du hoscht es Recht fer die Information un Hilf in deinre eegne Schprooch griege, un die Hilf koschtet nix. Bel alstubleift met het Ledenservice nummer op uw lid ID -kaart.

RUSSIAN Если у Вас или у кого-то, кому Вы помогаете, есть вопросы относительно CareSource, Вы имеете право бесплатно получить помощь и информацию на Вашем языке. Для разговора с переводчиком. Пожалуйста, позвоните по телефону отдела обслуживания клиентов, указанному на вашей идентификационной карточке клиента.

SPANISH Este aviso incluye información importante. Este aviso incluye información importante sobre su solicitud o su cobertura de CareSource. Busque las fechas clave en este aviso. Es probable que deba realizar acciones dentro de determinado plazo para mantener su cobertura médica o recibir ayuda con los costos. Tiene derecho a recibir esta información y ayuda en su propio idioma sin costo. Por favor, llame al número de Servicios para Afiliados que figura en su tarjeta de identificación.

UKRAINIAN Це Повідомлення містить важливу інформацію. Це повідомлення містить важливу інформацію про вашу заяву чи відшкодування через CareSource. Шукайте важливі дати у цьому повідомленні. Вам може знадобитися вжити заходів у певні терміни, щоб отримати медичне страхування чи допомогу з витратами. Ви маєте право на безкоштовне отримання цієї інформації та допомоги вашою мовою. Зателефонуйте за номером обслуговування учасників, який вказано на вашому посвідченні учасника

VIETNAMESE Thông báo này có thông tin quan trọng. Thông báo này có thông tin quan trọng về đơn xin hoặc bảo hiểm của bạn thông qua CareSource. Hãy xem những ngày quan trọng trong thông báo này. Bạn có thể cần phải hành động trước một số thời hạn nhất định để duy trì bảo hiểm sức khỏe của mình hay được trợ giúp có trả phí. Bạn có quyền được nhận thông tin này và được trợ giúp bằng ngôn ngữ của mình miễn phí. Vui lòng gọi số dịch vụ thành viên trên thẻ ID thành viên của bạn